

**Telstar High School
Winter Carnival
activities**

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The Bethel Citizen

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Serving Bethel and neighboring communities in the mountains of western Maine

Regional animal shelter numbers on the rise

By Alison Aloisio

In 2013, 30 cats and 40 dogs from the Bethel area found themselves at Responsible Pet Care in South Paris.

They were among a total of 390 cats and 172 dogs from 21 towns brought to the no-kill shelter. RPC has a capacity of 150 cats and 15 dogs at its new facility off High Street.

It's filled to capacity with cats right now, with another 15 felines in foster homes. The current, dog population stands at 10.

Lucille Larsen, the shelter's manager, said the trend in recent years has been an increase in the numbers of animals coming into RPC.

She said it's mainly economy-related. In some cases, she said, "It's people losing their homes." When the people lose their homes, the pets lose their people.

But in the big picture, the vast majority of cats are strays - only 32 last year were given up by their owners.

Many of the dogs are also strays, and a sizeable portion of them are returned to their owners. Of the rest, 61 were adopted last year. Almost no stray cats are claimed by owners, Larsen said.

When a stray pet comes in, it's nearly always via the animal control officer for the town where it was found.

In the immediate Bethel area, 10 cats came from

See SHELTER, Page 3



READY TO RIDE-Mt. Abram this winter is offering "Squirrel Sessions" - snowboarding lessons for kids ages 1-13. Participation varies each weekend, but generally ranges between 15 and 20 and includes many local youngsters. Here, Coach Jenn Shaw gets 13-month-old Eagan Beaton up on a board.

A. Aloisio

AES kicks off new recycling program

By Amy Chapman

Andover Elementary School has kicked off a new recycling program that aims to cut down on the amount of solid waste produced at the school and educate students about the benefits of recycling.

Last week Leo Maheu, Environmental Educator for Ecomaine, Maine's largest recycling facility, vis-

ited the school to explain how recycled materials are mechanically sorted at the Portland facility and compressed into bales. They are then sold to buyers who use them to manufacture new paper, plastic, and metal products.

Maheu explained that recycling saves energy, water, and space in landfills. For every ton of paper that is recycled, 17 trees are saved,

and 587 fewer pounds of air pollution are produced.

Education is key to increasing recycling rates, according to Maheu, and many people still do not realize the impact recycling has on the environment. For example, he said, aluminum is one of the easiest materials to recycle, yet Americans throw away enough aluminum every three months to rebuild the entire U.S. commercial air fleet.

Thanks to a \$300 grant from Ecomaine that allowed the school to purchase a recycling unit and bins, many of the disposable items used for school lunches will now be recycled instead of thrown in the trash. Lunch trays, paper napkins, and milk and juice cartons will

be required to approve funding, Town Administrator Loretta Powers said Wednesday. Estimates for construction have been more than \$300,000.

Selectmen received

See AES, Page 2

Citizen profiles: Debra Brown

By Rosabelle Tiffet

Debra Brown's 19th century banjo ukulele holds a very special meaning for her. Her Uncle, Willie Hathaway, gave her the rare instrument a year ago, just two weeks before he passed away. "It

was one of his prized possessions, and he had faith in me that I'd learn to play it," explained Debra. "He knew of my interest in wanting to accompany myself while singing songs."

Gail Scott, musician, restored the banjo and Debra joined her ukulele class. The banjo ukulele has a unique twang, unlike the strumming of a regular ukulele, and she enjoys learning to play it. Debra's passion for mu-

sic started at an early age in school choirs, All State in Junior High, and family gatherings. However, she is in her element when singing in church. She served as worship leader at the Praise Assembly of God Church in Rumford for fifteen years. Two years ago she joined the Locke Mills Union Church, where she once took summer bible classes. She joined the choir and also sings in solos at funerals and other occasions.

This has heightened her interest in learning to play the banjo ukulele to accompany her singing. Beginning in March, she will lead a Sunday night service of praise, prayer and study at her church and also hopes to bring some contemporary Christian music to the younger people. Her faith is important to her and she looks forward to sharing it through this service.

See PROFILES, Page 3

Newry proposing security system, \$200,000 in paving

By Alison Aloisio and Amy Chapman

Newry's tentative 2014 municipal budget calls for \$829,475 to be raised in taxes and \$250,000 to be taken from the Capital Projects Account for road-related expenses.

Voters will consider the budget at their March 3 Town Meeting. Selectmen were scheduled to meet today (Thursday) to finalize and sign the warrant. They completed most work on the budget Tuesday.

Last year's amount raised from taxes was \$771,838.

Roadwork

Paving is planned for the Monkey Brook and Skaway roads, for an estimated \$200,000.

Up to \$50,000 from Capital is expected to be earmarked to cover engineering for improvements to an approximately 1,100-foot stretch of the outer Sunday River Road. Selectmen are uncertain whether the construction can be completed this year. If the engineering work is approved and they do decide to proceed this year, a special Town Meeting would be required to approve funding, Town Administrator Loretta Powers said Wednesday. Estimates for construction have been more than \$300,000.

Selectmen received

five bids for engineering Tuesday and will review them before making a decision.

There is currently \$218,000 in the CP Account. Another \$271,000 is proposed to be moved from the \$1.1 million Surplus Account to the Capital account, bringing Surplus in line with the \$800,000 figure recommended by the town's auditor.

Of the \$271,000 to be moved, \$75,000 is proposed to reduce taxes.

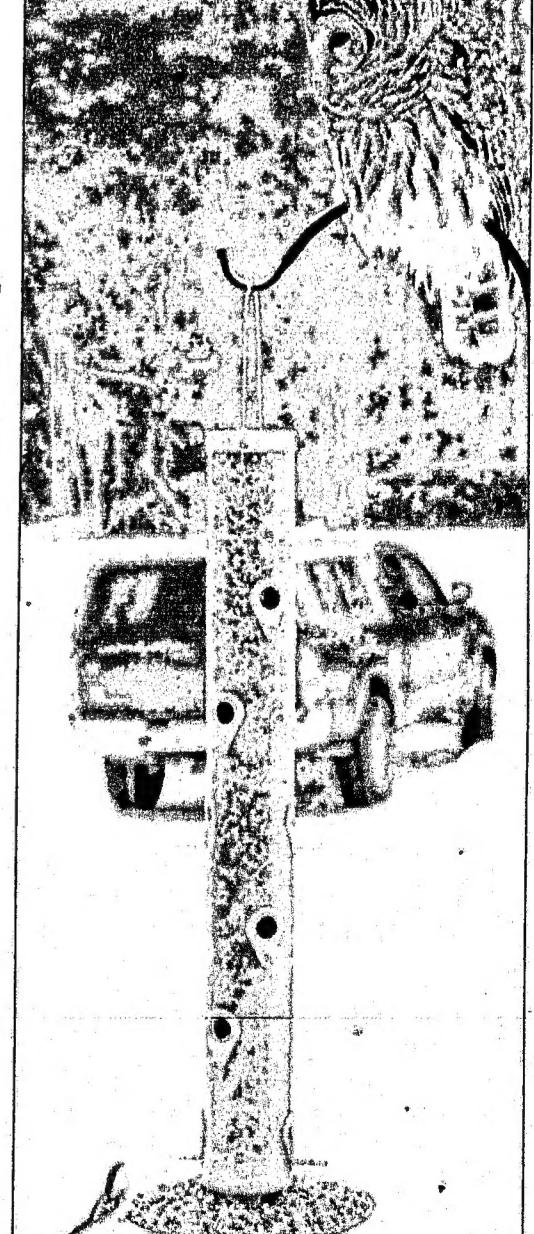
Town Office break-in

In other proposed expenses, selectmen will recommend \$6,000 to cover a new security system for the Town Office, in the wake of a break-in two weeks ago.

Powers said that the night after the last selectmen's meeting on Feb. 4, someone broke in through the back door and stole about \$75 in cash.

The overall municipal building account is proposed to increase from \$27,300 to \$43,350, including (in addition to the security system) \$6,000 for new carpet and \$3,500 for chimney repairs.

The budget also includes \$35,500 for the Grange Hall, up from \$12,500 for furnace replacement, chimney repair and other improvements.



CHECKING THE MENU

Mac Davis of Albany got this photo of a barred owl and a chickadee watching each other at a birdfeeder outside his house. The two birds likely had different menus in mind.

Becky Shaw Ski Day returns to Mt. Abram

Thursday, March 6

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Letters

A CHOICE IN NEWRY

To the Editor:

My name is Doug Webster. I live in Newry with my wife and two children. I am running for Selectman so I can help the Board continue to revamp town and employee policies and bylaws as well as to perform my civic duty to serve and be involved. I will take this job seriously and stay engaged both during and outside of meetings. Before my current job, I was self-employed for 30+ years, running businesses in Newry for 16 of them. Whether I win or lose, the voters will appreciate having a choice. I see change as constructive, not threatening. I will bring fresh ideas and perspectives to the table.

I have been involved in different aspects of Newry's town government since 2009. I have helped to count votes at elections, have been a member of the Appeals Board, was involved with the Scenic Byways Committee, was on the Bylaws Committee, and am a current member of the Planning Board. In my work in these various positions, I realize there is still work to be done.

While on the Bylaws Committee, we reviewed an assortment of documents from other towns and the Maine Municipal Association that made clear to me that Newry's collection of bylaws, ordinances, and policies need to be analyzed, assessed, and presented in a format that is easily accessible to the public. This committee worked throughout the summer and fall and presented a set of bylaws and an Ethics Policy to the current Selectboard, who voted to accept the work, seeing it as a benefit to the town.

I will continue to analyze and assess policies that are necessary to give the Selectboard more guidance.

With proper policies, including a review process, the Selectboard will be able to make decisions based on set guidelines, making business run more smoothly, efficiently and transparently, and minimizing issues.

I will continue to work with the office staff, who I greatly admire for their dedication and hard work, to make the town office as efficient and productive as possible.

The town of Newry has a strong tax base, but most residents are hardworking, sometimes struggling and by no means rich. I will be diligent in watching your taxes and be open to your interests so we can work together in these changing economic times.

Doug Webster
Newry

THS DRAMA PRODUCTIONS IMPORTANT

To the Editor:

It was with a sad heart that we read of the cancellation of the spring musical at Telstar this year. As parents of children who were very involved in the Drama Club and big fans of past musical productions, we hope that this is not the end of drama at Telstar High School, but merely a temporary glitch.

Many people have put in a great deal of time and effort over the years to put on quality productions. We believe that teachers, staff and especially students have benefited by the camaraderie of the productions and the audiences have benefited greatly by enjoying free family entertainment. We feel that the arts are an important part of education and should be held in the same esteem as college preparatory classes and sports involvement.

Our children learned a great deal during their time at Telstar and have gone on to do very well in college. Our hope is that, as a community, we will continue to support the arts at Telstar and encourage the school to continue on with future drama productions.

Kevin and Nancy Bellinger
Bethel

BETHEL REPUBLICAN CAUCUS

To the Editor:

The Bethel Republican Town Caucus will be held on Saturday, Feb. 22, at the Crescent Park School cafeteria beginning at 2 p.m. All Bethel Republicans are cordially invited to attend to elect town committee officers and delegates to the State Convention in Bangor and Oxford County Republican Committee. The Bethel Town Clerk will be present to register any voters or allow voters to make changes in their registration. Voters from neighboring towns or townships (Albany, Gilead, Greenwood, Hanover, Newry and Upton) have been invited to caucus as well. Any questions about the caucus should be directed to Becky Kendall at 824-3196.

Stan Howe, Secretary
Bethel Town Republican Committee

CORRECTION

"KEYSTONE" PIPELINE-There was a typographical error in the title of a letter about the Keystone Pipeline in last week's Citizen. "Keystone" was spelled incorrectly. The Citizen regrets the error.

The Bethel Citizen

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FLYING MOOSE THANKS

To the Editor:

We would like to thank the many volunteers who helped host this year's hugely successful Flying Moose Classic XC ski race sponsored by the Bethel Outing Club at the Gould Academy ski trails. We had a terrific turnout for the 7.5k and 22k races, as well as a 2.25k middle school race and a lollipop race. The day went smoothly thanks to Gould Academy for donating the use of the field house for registration, the upper field for the stadium, and the trails at Pine Hill.

We could not have done it without the assistance of many wonderful volunteers including: Christin Christoph, Colin Reuter, Julia Reuter, Eric List, Buzz Gamble, Cathy Lane, Amy Gumprecht, Savannah Sessions, Linda Gamble, Mike Hoeh, Lorrie Hoeh, Martha Siegel, Beth Clarke, Suzanne Pierce, Cathy Heffernan, Gary Inman, Lesley Rouse, Saranne Taylor, Elissa Lufkin, Brad Clarke, Kirk Siegel, and others who helped throughout the day. With a special thank you to Jeremy Nellis for grooming and laying out the course and to Tracyn Thayer for coordinating the youth events.

To find complete race results and to learn more about the Bethel Outing Club, go to www.bethelouting.org.

Jim Reuter, Race Director
Christine Trefethen, Volunteer Coordinator

WHO CARES?

To the Editor:

Two or three weeks ago a U.S. Senate subcommittee conducted hearings into problems with the Obamacare website. When senators asked technicians knowledgeable about the website, how secure the website was, more than one technician replied, "Zero percent secure!" In other words any private or financial information input into the website can be easily hacked.

Subsequently, Senator Ted Cruise, with a number of co-sponsors, introduced legislation which would require the Federal Government to take measures to make the website secure. Senate democrats, led by Senator Harry Reed, refused to allow the legislation to be debated on the Senate floor. Apparently, democrats would rather allow citizens to be exposed to possible identity theft and potential financial ruin than for them to find out about the dangers of using the site.

It seems that the Obama Administration and democrats will do or say anything to prevent anyone except the President himself from making changes to the "Affordable Care Act!" Deception and lies are not exempted.

Richard Grover
Mason

NEWRY

Continued from page 1

The Fire Department budget is proposed to go from \$67,000 to \$74,000. The budget includes an increase in firefighter pay, the first since 2009. Selectmen Wendy Hanscom and Brooks Morton voted at an earlier meeting to increase the rate for calls from \$12 to \$15/hour, and the rate for attendance at meetings from \$10 to \$12/hour. Selectman Gary Wight, who is a member of the Fire Department, abstained from the vote.

Stipends for officers will remain the same. With the proposed increase in firefighter pay, the amount budgeted for department wages increased from \$23,000 to \$36,500. In other areas of the department's budget, a total of \$6,500 will be saved by reductions in the amounts Fire Chief Bruce Pierce is requesting for the equipment, training, and operations and maintenance accounts.

The Highway Maintenance Account is proposed at \$136,250, up from \$128,500. The Summer Roads Account would increase from \$35,000 to \$40,000.

After reviewing the annual wage report from the Maine Municipal Association, which compares salaries and stipends in towns across the state, the board voted to give 2 percent raises to all town office employees. If voters approve the budget, the raises will go into effect following Town Meeting. They will not be retroactive to the time of the vote.

Voters will also be asked if they wish to approve \$500 to support Mollycoddle Days in Bethel.

The county tax is \$344,983, down a bit from last year. The school budget share has not yet been determined.

Elections

Wendy Hanscom and Doug Webster are vying for a three-year term on the Board of Selectmen, a seat that has been held by Hanscom for the past 19 years.

Powers said that Alan Fleet, who has served as animal control officer for 30 years, is not seeking re-election.

Bonnie Largess' three-year school board term expires and she is seeking re-election. Bruce Pierce, who had considered running for the seat, said last week he had decided against it for this year.

The Town Meeting will take place at the Grange Hall, beginning with a potluck supper at 5:30 p.m.

The business portion of the meeting is scheduled for 7 p.m.

Celladore

'Of Mopping Up and Manhattan'

Here I noticed that B.B. was not listening, rather he had his pocket rule out and was measuring the study floor saying, "If we knew how, we could make wall-to-wall carpeting." "We do know how, the man told me just how to cut and bind it, said it was simple." "Now tell me, not how you think it should be done but the exact words that you were told." "He said," quoted I, "measure the width and length of your room across the middle and draw a cross to scale on a large piece of paper. Then take a rule and fill in the outside edges. Then, and this is most important, in all old houses and many new ones, measure very carefully each outside wall and superimpose this upon your original drawing..." Here my mind wandered. "What is the sense of doing that?" "Never mind the sense; we'll do it."

We did, and found that the west end of the room was over an inch wider than the east end, and that the south wall was two inches shorter than the north wall. We had never noticed but the room had slanting sides. Then we measured for the cutouts around the built-in bookshelves.

"What about the edges where we cut?" "On the back side, iron on wide mending tape, then cut with a sharp razor blade." "You measure the length and get the tape and someday we'll try it."

"I already have the tape, why not now?" "Because we have to have a place to lay this out flat and there isn't a place in the house without moving a lot of furniture."

We had waited long for the rains; now they came. Not a gentle steady day affair and then clearing, but a week of drizzle and cloud. The grass was never really dry. But in time the day came. We moved out the study furniture, re-measured, spread out on the grass in the yard old bedspreads and sheets and rolled out our rug. B.B. was off to answer the phone.

"What are you doing?" "Why measuring, of course." "Do you have the chart?" "Of course." "But don't you see that the rug is upside down when turned over nothing will fit. Also I've planned it so that the two doorways where the most wear comes will have the original binding." He was unrolling a piece of string with weights on the end. I walked around the rug trying to visualize it other side up, muttering to myself now this two-inch slant which is east-west now will be west-east when turned over and this north will be south...

"Go away from here?" thundered B.B. "And don't you dare come back until I call you!"

I fled. Whatever had prompted me to waste money and buy this great white monster? I might as well grapple with a polar bear. Why hadn't I gone to a secondhand store and bought a smaller rug. It would be impossible for B.B. to do all that involved cutting and have it come out right when the rug was turned over. Then a flash came to me from my childhood when Coueism was popular: day by day in every way things are getting better and better, people chanted. How silly could one get, agonizing over a white rug, what did it matter if it didn't come out right? We could cut off the edges evenly and make a small rug. And B.B. had always been able to fix anything. I began to chant: fly foolish frightened, he'll cut it right, and soon the room will be gay and bright.

"Come iron your tape," yelled B.B., "on these pencil lines."

The old black iron cooled quickly out-of-doors and I ran back and forth, still chanting my charm to myself. B.B. was cutting. To keep all the pile on the inside was a slow process; I knew better than to offer to help do that. It was finished, we rolled it up, tugged it into the room, rolled it out, a perfect fit.

"You're wonderful, you're wonderful!" I jumped with joy and praised B.B. "Go put on the coffee pot," said he, aggrieved. "Did you think it wouldn't fit? It couldn't help but be right."

We had coffee. On winged feet I helped move the furniture in its forest green summer covers back in place, then flew outside to clean up the coverlids from the grass, the pieces of leftover rug. Back inside to admire the room again.

"It does look well," said B.B. "Probably we can keep it clean some way. And now this room is done forever, I hope."

"Of course," said I, but already had visions of a future change, but it did not entail any work by B.B. We had some strips of red velvet carpeting. In winter they could go down on the most used sections of the floor. I would make some crimson slipcovers for the furniture..it would be as gay and warm then as cool and restful now.

Our Back Pages

By Danna Brown Nickerson

10 years ago: The contract for rebuilding the Alder River Dam in Locke's Mills was awarded to Andre's Construction.

An early morning fire destroyed a ski chalet near Mt. Abram that was owned by Ron and Linda Cote of Falmouth.

Deaths: Louise J. Waterhouse, Marion R. Edwards.

20 years ago: Luvie Sweetser, 94, was presented with Woodstock's Boston Post Cane, recognizing her as the town's oldest resident.

Ripley & Fletcher was advertising heating oil at a cash price of 83.9¢ per gallon.

Deaths: Albin W. Gestaut, Blanche B. Schneider.

30 years ago: Rep. Jeffrey N. Mills announced that he would seek re-election to the Maine House of Representatives.

The Mt. Abram Fish & Game met at the Bethel United Methodist Church for a potluck supper.

40 years ago: The Telstar High School girls' ski team won the Class B ski title in Alpine events held at Mt. Abram.

Fred Burk was working on his new house on the Sunday River road.

Births: Michelle Lee Inman, Michael Keith Gilbert.

Death: Herbert E. Wheeler.

50 years ago: Rehearsals were underway for the Bethel Players' Irish Minstrel, under the direction of Robert Remsen.

Representative E. Louise Lincoln announced that she would be a candidate for re-election in the June Primaries.

Death: Mrs. Catherine I. Harrington.

60 years ago: The Gould Academy Ski Team won the State of Maine Championship at Auburn Feb. 12 and 13.

O.T. Rozelle of Bridgewater was elected Bethel's first town manager. He was to assume his duties March 15.

Death: Leonard A. Sumner.

70 years ago: Snowbanks along the road in Grafton Notch were reported to be 15 feet high.

The budget committee favored the extension of Tyler Street to Vernon Street.

Deaths: Mrs. George Leighton, Miss Ann Marie Robertson.

80 years ago: Miss June Brown entered the CMG Hospital at Lewiston to train as a nurse.

The girls basketball team from Mexico, coach and two drivers were obliged to stay the night of Feb. 20, at Ed Warren's, Newry Corner, until the snow tractor got through from Rumford.

Deaths: Mrs. Julia A. Beedy, Edgar H. Smith, Madelyn E. Hayden, J. Gayton Abbott.

90 years ago: The pupils of Miss Norris gave a dance recital at the Bethel Grange hall where classes had been conducted.

Over 60 guests at Bethel Inn enjoyed a costume ball.

100 years ago: The 14th annual Academy Fair was held at Garland Chapel.

Deaths: A. Milton York, Charles E. Arnö

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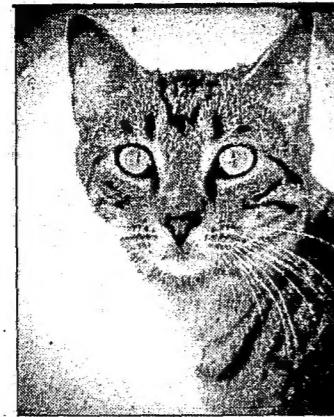
Thursday, February 20, 2014

The Bethel Citizen

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SHELTER

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Bonkers, a recent resident of Responsible Pet Care. *Responsible Pet Care*

Bethel, 11 from Woodstock, six from Greenwood and two from Gilead in 2013. Among local dogs, 18 came from Bethel, 10 from Woodstock, nine from Greenwood and one from Gilead. For cats the RPC now charges the town \$22 each. The organization contracts with towns on a per capita basis for sheltering stray dogs.

Options for cats

The cats are spayed or neutered and given the shots they need. Then, if they are sociable enough, they are put up for adoption. Last year 367 found homes.

Larsen takes pride in the success RPC has in domesticating feral cats (which have lived with no or little contact with people).

And for those cats that just don't want to share their lives with people, hope is not lost. They can find a place in the "Barn Buddies" program, which Larsen has personally overseen for about a decade.

"People come in and want a cat for their barn [to help keep the rodent population down]," said Larsen.

Under the program they are required to take two cats. In return they make a donation in an amount of their choice.

"In 2013 we placed 27 cats," Larsen said.

The cats are not turned loose in the barns to simply fend for themselves, however. The adopters feed and keep the felines up to date on shots.

Then there's the Trap, Neuter and Release program. If a farmer, for example, finds himself being overrun with reproducing stray or feral cats, RPC helps pay for neutering and other care to try to keep the population in check and healthy.

RPC is now getting some help with sheltering animals in the Bethel area from the recently established Heart of the Mountains shelter for dogs.

For more on Responsible Pet Care go to <http://members.petfinder.com/~ME44/>.

Debra is a native of Locke's Mills, the daughter of Pip and Ada Cummings. Although her family moved to New Jersey when she was 2 1/2 years old, they returned some 12 years later. Her family moved again in two years to Massachusetts and New Jersey. She claims she attended four different high schools in three different places. "People ask me how I could have been happy living in three states," she said. "I've always believed one should 'bloom where planted,' and if you look for the good in places and people you will find it and be much happier."

PROFILES

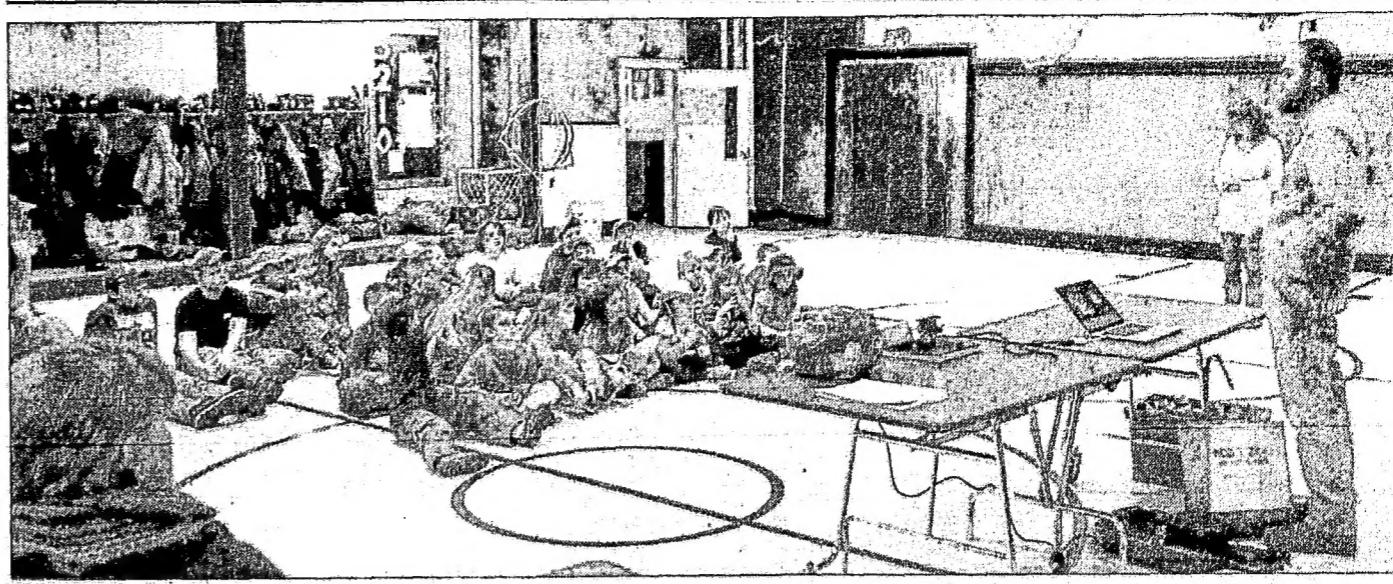
Continued from page 1



Deb Brown with her ukelele instructor, Gail Scott. *R. Tiff*

AES

Continued from page 1



Leo Maheu of Ecomaine explains how materials like paper, plastics, and aluminum can be recycled into new products as Andover Elementary School kicks off its new recycling program.

A. Chapman

be recycled through Andover's contract with Ecomaine, and food waste will be composted.

Patty Duguay from River Valley Healthy Communities brought a large bin full of trash and challenged the students to sort out the recyclable items. In the end, they were able to fit the items to be thrown away into just one small plastic bag, while more than half of the contents of the bin were identified as recyclable.

Duguay told the students that even though recycling is easy, saves money, and helps the environment, only one out of three glass containers sold in the U.S. is recycled.

"We can do a lot better than that," she said. "Remember the three R's—Reduce, Reuse, Recycle. Look for the chasing arrow symbol that means you can recycle the packaging, and make good choices about the products you buy."

Ecomaine provided each student with a magnet listing recyclable materials, as a reminder to encourage recycling at home, while AES teachers received tote bags made from recycled plastic water bottles.



Andover Elementary School PTA Secretary Darlene Akers helps Hayley Smith sort items from her lunch tray to be recycled.

A. Chapman

Debra eloped shortly after high school graduation in New Jersey and she and her husband, John Swick, had two children. During this time, she also attended beauty school. She claims her heart always belonged to Bethel and when her husband became disabled in 1986, they returned. The move also brought her closer to her sister, Macky Chapman, a substitute teacher, who had been living in Bethel since 1987. Her brother, Buddy, continues to live in New Jersey. Debra's interest in nutrition led her

to work in the Gould Academy cafeteria. She also became a trained Pampered Chef consultant.

Around this time, Debra became aware that Bethel had been without a barber, ever since Bethel's popular barber, Stan Fox, passed away. Debra had always liked cutting hair and decided to enroll in barber school in Auburn. "Never had a doll with any hair as I always cut it off, so I started young," she said. She found that she learned more about

hair coloring and perms in this course than she learned in beauty school. She became a licensed barber and opened her shop, "His Place," on the Flat Road in West Bethel. Just two years after returning to Bethel, Debra lost her husband in a tractor accident. She said her faith in God got her through the pain of his passing and brought Owen Brown into her life. She felt blessed to have met him and they were married. Debra considers the blending of Ow-

en's and her families her greatest achievement. She and Owen each have two children and she proudly says all four are now healthy, caring and productive adults Debra and Owen will celebrate their 25th wedding anniversary in March. They recently became members of the West Bethel Grange because, "they care about the community," Debra said.

Debra is quick to affirm her love for Bethel where she says people are friendly and do care. While walking the streets, they will speak even if they don't know you. "Best of all they are there to help people through hard times with fund raisers, gifts of food or just being there," she said. "Life is exciting and I thank God every morning for another day to experience in Bethel."

S. S. Milton

a fine casual restaurant



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State to manage Upper Andro trout fishery

By Terry Karkos/
Sun Media Wire

Given that the Upper Androscoggin River is mainly a trout fishery, the Maine Department of Inland Fisheries and Wildlife will now manage it as such, according to its new plan.

The Upper Androscoggin River Fishery Management Plan by state fisheries biologists Francis Brautigam and James Pellerin was released last month and made available on the department's website, www.maine.gov/ifw.

Although the 'upper' portion of the river is from the Maine-New Hampshire state line to Rumford's Pennacook Falls, the report focuses on the more heavily fished section from the state line in Gilead to Davis Park in Bethel.

The management goal is to develop and maintain a year-round, open-water fishery primarily for rainbow trout and a second fishery for brown and brook trout, the document states.

That was good news for area fish conservation and recreation groups who participated in the process via a Public Working Group to develop a management plan.

"Speaking for myself as a member of the PWG, I thought the report was very good," Dick Walther of the Mollyockett Chapter of Trout Unlimited said in a recent email.

He credited Brautigam and Pellerin for their extensive work on the project.

"The Andro is a complex water system," Walther said. "There are unique challenges when you try and please everyone. The openness with which the report was done makes this a credible report."

"This is great," Wende Gray of the Upper Andro Anglers Alliance in Bethel by e-mail. "We are pleased that IF&W considered the Upper Andro a top priority for a management plan."

According to the plan, management should strive to create opportunities enjoyed by adults and youth of varying skill and ability levels. It lists four key expectations that support suc-

cessful management:

- * Provide adequate, long-term public access opportunities for various angler user groups.

- * Maintain river aesthetics and scenery.

- * Provide relatively high trout catch rates.

- * And provide opportunity for catching some trout of larger size quality.

The department admits that it cannot achieve full attainment of the goal, but will require support and active involvement from other state agencies, local towns, the Androscoggin Valley Council of Governments in Auburn, land trusts, conservation organizations like Trout Unlimited, the alliance and the Androscoggin River Watershed Council, private landowners and those who recreate on the Androscoggin River.

That said, it's not something that's going to happen entirely in this upcoming fishing season, Scott Stone, president of the Upper Andro Anglers Alliance, said.

"We are dealing with a body of water that at one time had a magnificent fishery and at one time was one of the top polluted rivers in the country," Stone said.

"That river's been through a lot. We want to make this body of water one of the best top 10 rivers to fish for trout, but for something like that to happen, it isn't going to happen in the blink of an eye."

The idea is to maximize trout survival rather than just keep dumping fish into the river annually for a put-and-take fishery, Stone said.

"One of the things I think we as a culture look for is we look for things to be 'fixed' or 'changed' and we expect these things to happen quickly, which is the way the world works, but not the way Mother Earth works," he said.

"We wanted to try and let Mother Nature help us bring it back. What we didn't want to do was to introduce a bunch of ridiculous regulations.

"One of the things we want to do is to create a sustainable fishery so the fish level and quality match the quality of the river and that's how it becomes sustain-

able," Stone said. "It's not about how many fish we put in; it's about how many fish survive. So we need to create a better quality of water to hold a better quality of fish."

He said the practical and logical approach is to restore the river to its past prior to it being used as a dumping ground for pollutants.

According to the plan, management objectives are to:

- * Provide a trout fishery comprised primarily of rainbow trout, and a secondary fishery for brown and brook trout to maintain desired diversity and to maximize habitat use.

- * Provide desirable angler trout catch rates for 10- to 14-inch-long trout.

- * Provide opportunity to catch trout greater than 14 inches long.

- * Protect and enhance the contribution of wild rainbow trout, even though annual stocking will likely be necessary to sustain desired angler catch rates on a consistent basis.

- * Collect biological, chemical, physical and recreational angling data to support long-term management.

- * Create desirable angling opportunities on the upper Androscoggin River and other waters in the area that will attract anglers and support the local economy by better using the existing infrastructure developed to service the winter snow sports industry.

- * Investigate opportunities to increase fish-holding structure, such as habitat type, substrate and depths.

- * Identify and explore opportunities to correct areas of significant bank erosion that may be impacting downstream habitat from sedimentation.

- * Encourage and support local planning efforts to protect the scenic and aesthetic qualities important to river anglers.

"We're happy where we're at at this point now, but there is a lot of pressure on IF&W to put in a lot of fish," Stone said. "Maybe that's not the best thing to do to allow this magnificent body of water to return to its former state."



Gould Academy Facility Manager Jerry Bernier demonstrates the computerized dimming panel that controls the lights in the large dining room of Ordway Hall. A. Chapman

Going green at Gould: Energy upgrades yield savings

By Amy Chapman

Thanks to recent energy upgrades in just one building on campus, Gould Academy was able to cut its annual CO₂ emissions by an amount equal to the emissions from 12 single-family homes.

As part of its commitment to energy conservation, last year the school decided to take a hard look at Ordway Hall, the largest energy consuming facility on campus, and see what could be done to improve efficiency.

Gould contracted with Optimal Energy Group of Sum-

ner, which partners with Efficiency Maine to help businesses and institutions realize energy savings.

Optimal Energy conducted an analysis and energy audit, provided data on savings, then contracted for the upgrades. Efficiency Maine, a quasi-state agency that manages energy-saving programs, provided engineering reviews as well as incentives that offset part of the cost of implementation.

"We made 425 changes to the lighting, ranging from simple bulb replacements to replacing or retro-fitting fixtures, adding fixtures, recirculating as appropriate, and replacing an obsolete lighting control system," said O'Rourke.

Gould Academy Facility Manager Jerry Bernier

See GOULD, Page 5

Briefly

Bethel nomination papers dates

BETHEL—March 17 will be the first day that nomination papers will become available for openings on the Bethel Board of Selectmen, Board of Assessors and School Director. Terms will be expiring for Selectmen Lloyd Sweetser and Pat Carter, Assessors Don Bennett and Bob Blake, and School Directors Katherine Botka and Roberta Taylor. The papers will need to be returned to the office no later than 5 p.m. on Monday, April 28.

Blanco, Gould to do writing program

BETHEL—Inaugural poet Richard Blanco on Thursday (today) will announce a visiting writers program in his name at Gould Academy. Over a two-week retreat, writers will stay in a private cottage owned by Blanco where they can work on their craft. They'll also engage with students and faculty through classroom visits and workshops. Blanco wrote and read poem, "One Today," that paid homage to the American experience during President Barack Obama's second inauguration.

Mass. boy hurt in snowmobile crash

BETHEL—Game wardens investigated a single snowmobile crash in Bethel Tuesday morning, according to a Maine Warden Service press release. Ann Vinton, 47, from South Weymouth, Mass., was operating a rented snowmobile with her nine-year-old son as passenger. Vinton lost control, left the trail, and collided with several small trees. Upon impact, her son received facial lacerations from his helmet visor. The boy was transported to Stephens Memorial Hospital in Norway where he was treated and released. Vinton was riding with her husband and second child; they were on another snowmobile. Game wardens say operator experience was a contributing factor. No charges are expected. Bethel Fire and Rescue assisted in the incident.

The Way I See It

By Sharon Bouchard



The experts may say that the economy is improving and that may very well be true, but you can't prove it by me.

I went to mark a notation on the calendar the other day only to discover I still had a 2013 calendar hanging on the wall. It then dawned on me that I had not been neglectful in changing it, the fact is that I didn't have a 2014 to replace it with.

In past years I have received more free advertising calendars than I could ever use. The oil company always brought one and left it inside my door. My insurance company used to send me one in the mail and my pharmacy and a few other businesses had free calendars on their counters. It seems, at least in my life, there are no more free calendars.

The lack of free calendars is just one more sign that the economy is not getting that much better here in Maine. I'm sure that the cost of calendars and the printing of the company name have gotten way too expensive to be giving such things away. I guess the end of the free calendar is truly the end of the freebies.

That got me thinking about all the freebies of the past. I was telling a young friend about some of them and she couldn't believe that I was telling the truth. I'm sure she

thought I was just an old person making up stories.

I told her about a time when all gas stations were full service and as well as pumping gas, washing windshields and checking oil without being asked, they gave a free glass! I didn't even bother to mention that this was about 40 years ago and that gas and cigarettes were both 28 cents a gallon and a pack, because I was sure she wouldn't believe that.

"Oh, I've heard about the stamp thing," she said. "Wasn't that rationing during the war?"

That threw me for a loop because I really didn't think I look that old, but to a 27 year old perhaps I do. I clued her in through clenched teeth that I wasn't even born during World War II and the stamps I was talking about you stuck in booklets and when you got a bunch of them you could redeem them for free merchandise.

I decided it was time to change the subject since she did not believe a word I said and we talked about the overall state of the economy, which was something that she did understand. I said that I felt that it was true that the state of the economy here in Maine was not all that good and she agreed.

I also said that we would know it was getting better when all the free calendars returned. And the way I see it, we'll really know that things are great when grocery stores and gas stations start giving out S&H Green Stamps and free glasses.

February 14-23

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Thursday, February 20, 2014

The Bethel Citizen

Page 5

OCSD Patrol Log

Wednesday, Feb. 12

At 10:21 a.m. Deputy Richard Murray responded to the SAD 44 bus garage for information on a vehicle that passed a stopped school bus, with lights activated. The motorist almost struck a student.

At 2:59 p.m. Sgt. Tim Ontengco stopped a pick up truck for a traffic offense on Route 2 / Mayville Road in Bethel and found the male driver to be operating after suspension. The driver was summonsed to court as he had his 13 year-old son with him.

At 11 p.m. on Walkers Mills Road/Intervale Road in Bethel Deputy Peter Casey charged Karin Dixon, 48, of Woodstock with operating with an expired registration over 150 days.

Friday, Feb. 14

At 8:55 a.m. Deputy Andy Whitney received a complaint about telephone harassment in Bethel.

At 9:32 a.m. Deputy Andy Whitney received a call in Bethel about disposing of old ammunition. The caller was advised to bring the ammunition to a local gun shop and have a professional examine the ammunition and advise on how to dispose of it.

At 10:08 a.m. Deputy Andy Whitney received a report of harassment in Bethel. After investigating the incident the complainant was served a cease-harassment notice and summonsed for misuse of the 911 system.

At 7:43 p.m. Deputies Richard Murray and Willie Nelson responded to a business in Bethel for a reported assault. A female subject was later arrested for DV assault.

At 9:37 p.m. Deputy Willie Nelson and Cpl. Justin Brown stopped a motor vehicle involved in a road rage incident. Arrested was Edward Mitchell, 34, for OUI, driving to endanger and violation of bail.

Saturday, Feb. 15

At 11:31 a.m. Deputy Andy Whitney responded to an address in Bethel to assist Bethel Rescue with a patient.

At 2:27 p.m. a Bethel business called reporting a tenant of one of his plow contracts keeps calling harassing and threatening him and his employees. Deputy Dave Hodgson spoke with both parties and issued a harassment warning.

Sunday, Feb. 16

At 1:10 p.m. Deputy Andy Whitney and Sgt. Tim Holland responded to an out of control adult male in Bethel. Upon arriving deputies determined that no crime had been committed. The subject was advised to comply with his mother's request.

At 1:10 p.m. Deputy Josh Wyman investigated a single-vehicle crash on Gore Road in Greenwood.

At 1:17 p.m. Deputy Josh Wyman investigated the theft of a TV on North Road in Gilead.

Monday, Feb. 17

At 4:39 a.m. Sgt. Tim Holland responded to Route 26 in Bethel for a single-vehicle rollover. Bethel Rescue took the driver to Stephens Memorial Hospital.

At 3:17 p.m. a subject reported she had been forced off the road by a vehicle she followed to a residence on Bird Hill Road in Greenwood. Deputy Nathan Bowie spoke to the driver who said he thought she was stopping and he went around her.

At 5:22 p.m. Cpl. George Cayer responded to the North Road in Gilead for a report of a burglary. Several items had been stolen and there was extensive damage to multiple doors. The case was under investigation.

At 5:36 p.m. a subject reported his son had gone off an embankment on the Intervale Road in Bethel, but was not injured. Deputy Peter Casey responded.

Tuesday, Feb. 18

At 8:55 a.m. on the Songo Pond Road in Albany a subject reported being pushed by another. The complainant also reported initiating the contact with the other person and admitted pushing the other person back, over a road rage incident.

OCSD Jail Log

Feb. 14, 10:40 p.m.: Edward Mitchell, 34, of Bethel, violation of bail conditions, OUI; by Cpl. Justin Brown in Bethel.

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GOULD

Continued from page 4

nier said the school had initially planned to focus on just the dining room, where an electronic panel that allowed the lights to be dimmed as needed was failing.

But when they looked into repairing the existing panel, they learned that, due to improvements in energy technology in the 15 years since it was installed, the panel was considered obsolete. Repairs would have been expensive, and replacement parts would soon be unavailable.

They decided to install a new panel rather than repair the old one, and recommendations from Optimal Energy led to a comprehensive upgrade of the lighting systems.

The new, state-of-the-art dimming panel is actually a computer that can be programmed to raise and lower the level of light as needed, and to control when the lights come on and go off.

"They come on at 5 a.m., when the kitchen crew is starting on breakfast, and go off at midnight," said Bernier. "They automatically dim two hours after sunrise, and get brighter two hours before sunset."

New LED bulbs in the chandeliers and ceiling fixtures, coupled with the ability to program the lighting according to need, have helped to yield an 89 percent reduction in energy consumption in the dining room itself.

In the ceiling fixtures, 250-watt halogen bulbs were replaced with 17-watt LED bulbs, which, in addition to saving energy, improved aesthetics by the school, electricity use for lighting was reduced by 77 percent, to 35,000 kWh, yielding a reduction of 81 tons in the amount of CO₂ produced.

"There's a big improvement in the color quality of the light," he said. "It makes the food look better."

The old light bulbs in the dining room chandeliers burned out frequently, requiring maintenance staff to climb ladders to replace them. By comparison, the new LED bulbs, with an estimated life of 50-80,000 hours, should last at least ten to 15 years.

Thanks to guidance from Optimal Energy and immediate savings on electricity costs, as well as incentives that were available through Efficiency Maine, Bernier said, "for what we had planned to spend on just the dining room, we were able to do upgrades in the dining room, lobby, upstairs meeting area, and kitchen."

Gould Academy also valued Optimal Energy's commitment to using local resources. According to O'Rourke, "We were pleased to be able to use almost exclusively Oxford County labor on the project, and were able to source much of the equipment in Maine, including custom fabrication, which we had done in Lewiston."

Prior to the upgrades, lighting in Ordway Hall consumed 150,000 kilowatt-hours of electricity and was responsible for 106 metric tons of carbon dioxide emissions each year. As a result of the energy conservation measures undertaken by the school, electricity use for lighting was reduced by 77 percent, to 35,000 kWh, yielding a reduction of 81 tons in the amount of CO₂ produced.

School Lunches

SAD 44 Elementary School Lunches

Feb. 24 through Feb. 28

Monday: Fish bites with tartar sauce or Sun Butter and jelly on wholegrain bread, baked beans, sweet potato puffs, apple, fruit choice.

Tuesday: American chop suey and wholegrain dinner roll or Sun Butter and jelly on wholegrain bread, peas, pickled beets, banana, mixed fruit.

Wednesday: Chicken noodle soup, carrot sticks, mandarin oranges, fruit choice.

Thursday: Sweet and sour pork or Sun Butter and jelly on wholegrain bread, confetti rice, Asian veggies, yogurt with blueberries.

Friday: Maxx pizza sticks with dipping sauce or Sun Butter and Fluff with cheese stick, broccoli, pears, fruit choice.

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Friday 21st 11-7

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CANDIDATE FOR LEGISLATURE Callie Pecunies of Albany, a Democrat, plans to run for the District 117 state representative seat that will be opened by the retirement of Rep. Jarrod Crockett (R-Bethel). Pecunies is a real estate broker with Sunday River Real Estate in Newry. She and her husband are also sole proprietors of Mahoosuc Productions, a video production company. A former human resources manager and recruiter for Sunday River, she volunteers with several community ventures, including the Crescent Park Elementary School PTA, Mahoosuc Kids Association, Mahoosuc Pathways, and Bethel Food Pantry. (More on Pecunies next week.)

Bethel

By NANCY BROWN



March is National Nutrition Month and this year's theme is "Enjoy the Taste of Eating Right." Cathi DiCocco will speak at a To Your Health program on Thursday, March 6, from 4:30 to 6 p.m. at the West Parish Congregational Church. Cathi's topic is "Spring into Spring with Colorful Foods: A Diet Rich in Colors Will Insure a Wide Variety of Nutrients." Her goal is to inspire and encourage people to eat well and take ownership of their food choices. Cathi will demonstrate healthy cooking techniques and have food samples and recipes available. The program is sponsored by To Your Health of Western Mountains Senior College, which offers programs on how to improve your health throughout the year. For more information, call R. Tiffet at 824-2053.

More than thirty people attended the Valentine's Tea at the Bethel United Methodist Church on Friday, Feb. 14. The tea has been a February tradition since 2007 except during 2010 when the church dining room was flooded by melting snow. This year a nor'easter dropped 18 inches of snow on the area the night before the tea. The snow stopped Friday morn-

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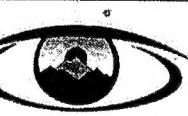
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ing and the streets and sidewalks were cleared in time for the tea. The organizers of the tea thank everyone who attended, made desserts for the event, and helped with the clean-up. A special thanks to Joan Cole who played the piano throughout the afternoon.

Have you seen the fantastic snow removal being done in Bethel? The town purchased a snow blower last year to help remove snow from the sidewalks. Not only are the sidewalks being cleared of snow, but pathways have been cut through the snowbanks, giving us access to businesses such as the Post Office and the Town Office. Along with the strategically placed barrels of sand in town, I feel safe as a pedestrian. Thank you, Town of Bethel.

If you have news to share, please e-mail me at brown-nancy1950@gmail.com, or call me at 824-2483.

East Bethel

By CHERRI CROCKETT

Hello neighbors, what another beautiful week of winter we're having. The fresh snow, the clean air, the longer days, the sound of the finches and chickadees; it's all just so overwhelming at times. The recent storm we got was pretty overwhelming when I got out there on snowshoes. It was tough going, especially with that wind creating some pretty massive drifts. My poor dogs were swimming through and I was definitely not keeping my normal pace. In fact, the snow was so deep and heavy I ended up breaking one of my poles. Just about a mile back home on one shoe, it was a good thing I had my poles. It was tough. So, it looks like a trip to Freeport is in order.

I caught up with Gloria Crockett last week and she mentioned she and Wilma had been out enjoying the trails. Well, they will be pleased to know that there is a nice trail broken through the woods for them, as 18 of my girlfriends came over on Saturday for my annual full moon snowshoe. Those of us in the front of the pack broke the trail and by the time the back of the pack came along, the trail was a runway.

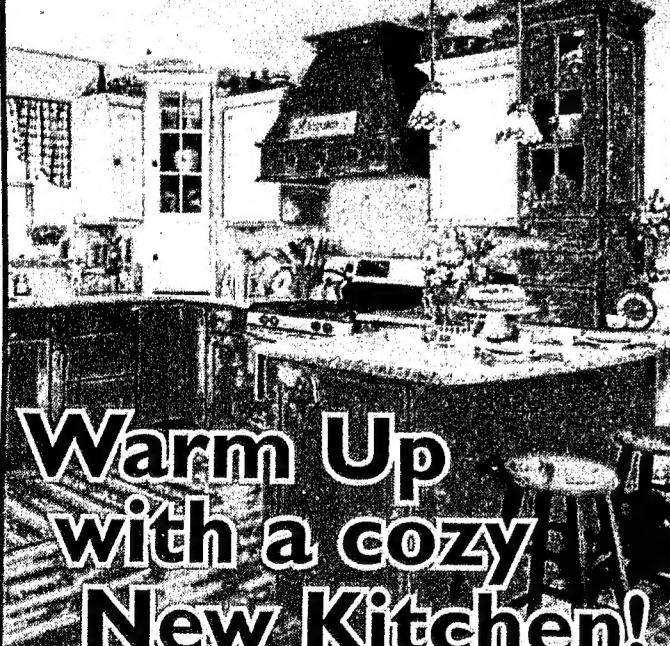
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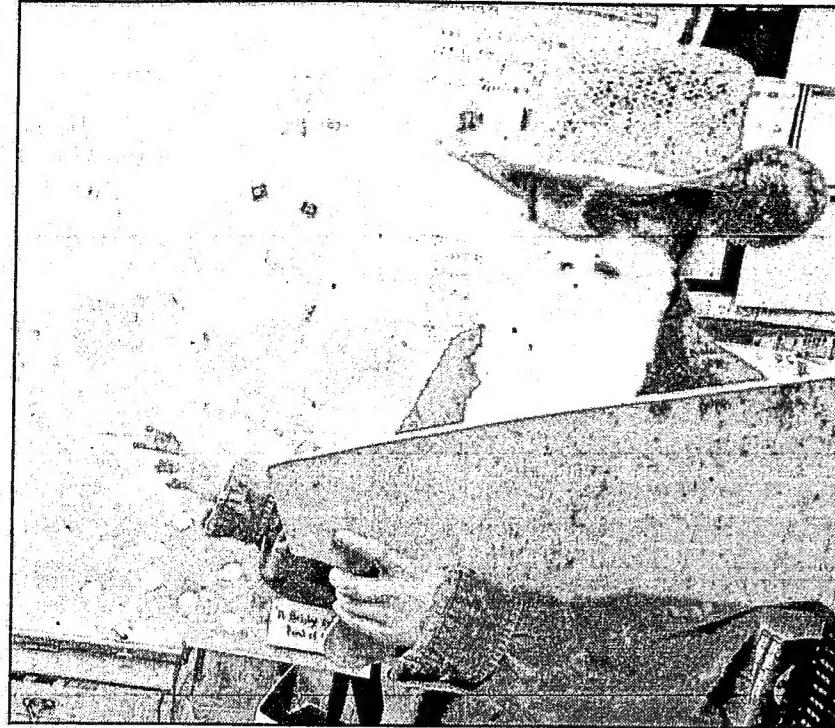
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CLAUDE MONET AND FRIENDS-Fifth-graders at the Crescent Park Elementary School did their annual Wax Museum social studies project last week. The students research a historical (or current) person, write a paper and dress and perform as that person. Shown here is artist Claude Monet, played by Mario DeVivo. Other famous figures included, front (from left): Helen Keller (Julia Fowler), Harriet Tubman (Hayli St. Laurent) J.K. Rowling (Amabelle Klatsky) Anne Frank (Utah Bean). Back: Steven Spielberg (Livy Doucette) Nelson Mandela (Darrin LeClair) Daniel Boone (Orion Fournier) Claude Monet (Mario DeVivo) Ferdinand Magellan (Mason Thompson) Sally Ride (Dylan Greenberg)

Marie Keane

our official photographer and everyone enjoyed a nice pot luck meal and evening snowshoe in the gently falling snow.

That was too much estrogen for Andy to stick around, so he blessed Aaron and Kellie with his presence.

So, what did you all do for Valentine's Day? I won tickets through work for a hockey game down in Lewiston. Andy and I brought along a couple friends to watch the Bruin Legends play the Lewiston Police Athletic League. How comical that was. We had a good time. They'll be back in March and tickets are general admission if you're looking for something different to make you laugh.

I heard from Angie Haynes recently that Alex was promoted to Sergeant. He's currently serving in Afghanistan. I reached him through Facebook to see how he was doing and he replied that he was well.

Alex, congratulations and know that we're all back here praying for your safety and very proud of your service.

Tonya Lewis, I want to reach out to you with prayer for an exciting last few weeks of pregnancy. May John and Lily be by your side to comfort and pamper you as you await the arrival of little Madeline.

As winter is still in full swing, I pray that each of you take a minute to check in on someone who may

be experiencing some cabin fever from being house-bound. Maybe they're in need of a little conversation and fellowship. Bless them with your company.

If you have any family news or would like to share a story from the past, feel free to e-mail me at bridle-labs@gmail.com or call me, 357-3469. Blessings to you.

Locke's Mills

By BETSEY FOSTER

Bicycles in the snow. Yes, that's what I said. I was skiing on a snowmobile trail a few days ago and what should I meet but three people riding bicycles. The bikes are designed for snow riding with very wide, probably four-inch-wide, tires that have a raised knobby tread. Something new every day. Another good way to get outdoors and have some fun.

We have the Greenstock Snowsports Snowmobile Club to thank for these trails. They groom the trails so many of us use. The club covers the towns of Greenwood, Woodstock, Bethel, and the townships of Albany and Milton. Lots of us non-snowmobilers use these trails and appreciate being able to do so. Robert Lowell, owner of Lowell's Saw Shop in Bethel and a longtime club member, told me that this year has been a costly one for the club due to the number of storms and the price of gas for the groomers. Donations by non-members who use the trails are always welcome to help offset these grooming costs. Donations can be sent to: Greenstock Snowsports

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2014

Thursday, February 20, 2014

The Bethel Citizen

Page 7

and chili. Their next club meeting will be on March 5 at 7 p.m. at the clubhouse with the annual meeting scheduled for April 5, usual time at the clubhouse. Thanks to the faithful members of this club who do the trail dragging, I heard lots of good remarks about the quality of our trails despite the recent heavy snowfall. Town restaurants were crowded with snowmobilers on both Saturday and Sunday at noon.

The Larry Mercier Ice Fishing Derby was held on Saturday and for the 35th year in a row the \$2,000 tagged fish wasn't caught. There were winners in the other divisions as reported by the Lewiston Sun Journal.

The People in Action Committee has announced that there will be a free lunch in the CEB dining room on Tuesday, March 18. That will also be voting day for the Town with two candidates, Brian Mills and Jim Adler, seeking the Selectman position being vacated by Susan Merrrow. There is also a slot on the SAD 44 Board of Directors to be filled. So come into the village, cast your vote and enjoy a free lunch at the same time.

This Saturday, Feb. 22, a benefit auction, supper and entertainment will be held for Steve and Cindy Simmons. The auction will begin at 1 p.m. in the upstairs of the Town Hall. Bidders will surely find something they simply can't live without as items range from a quilt and other handmade items to a load of gravel. A number of businesses have donated gift certificates. Many local eateries are among those donations.

Other interesting items are framed art works, furniture, a kayak and a total of 55 items. So there must be something here that you would like and you can be helping out someone at the same time. Following the auction there will be a spaghetti supper in the dining hall and thanks to the Good Food Store for supplying the food for this part of the event. After a great meal head upstairs for an evening of entertainment by Pete Coolidge and Friends and an improv group.

Absentee ballots are now available for the March 18, Town Election. You must request a ballot in person, or by calling the town office. The last day to request an absentee ballot is Thursday March 13, by 1 p.m. Town meeting is Saturday, March 15, at the town hall, followed by the election on Tuesday, March 18, from 10 a.m. until 8 p.m.

Dog registrations are overdue! There is now a \$25 late fee added to the registration cost.

Upton

By JOE BERNIER



The State Line Snowmobile Club will sponsor a fishing derby Sunday, Feb. 23. The derby will be held on Umbagog

The following titles have

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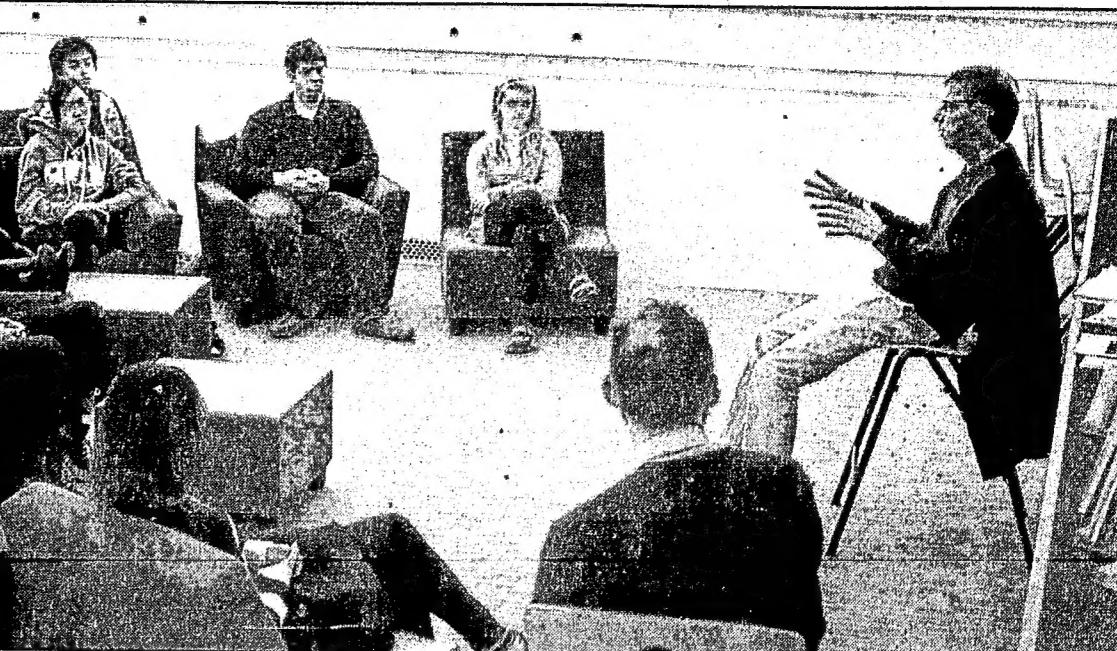
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REFUGEE DISCUSSION AT GOULD - Kim Wetlaufer, Executive Director of the Trinity Jubilee Center in Lewiston visited Gould Academy and led a discussion titled "Refugee Issues and Lewiston, Maine. Mr. Wetlaufer's presentation and discussion focused on issues surrounding the Somali migration to the US, the trajectory many of these people follow, and the current-state of affairs within the community in Lewiston-Auburn. The presentation and discussion was hosted by Gould's Global Migrations Class taught by Language Department Chair Adam Leff.

Dirk MacKnight/Gould Academy

She said he shouldn't bother to shop because she bought all the good stuff again!

Dylan Gordon has been keeping the Gilead Town Office shoveled out after all these snow storms. He is doing a great job. Believe me, I appreciate having the steps cleaned off and not having to wade through the snow. He has also been kind enough to shovel out a path to the electric meter on the Gilead Historical Society's schoolhouse next to the office. He is doing this as part of his community service for high school that students need to complete before graduation. He is helping out two separate establishments: the Gilead Historical Society and the Town of Gilead.

Norm Buttrick and Cathy McGuire were at their place on the Bog Road this past weekend. They were surprised to see how much snow was on the roof. Norm stopped by our house on Sunday to borrow our roof rake so they both could work on the snow.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Mason

By RICHARD GROVER

I was pleased to see that the snowstorm that came through last Saturday night amounted to hardly any snow. The storm from Thursday night into Friday was enough.

My brother, Steve McLain, has been trying to get better from a nasty cold and still keep up with all the snow plowing.

The usual birds have been making frequent visits to the feeder during the bad weather. The Snow Buntings came back last Friday after the snow storm. They stayed only for a short time and were gone again.

Hugh and I went to Walmart last Saturday and ran into Sidney Murphy and had a chance to catch up. She still does a lot of volunteering at the Maine Veterans' Home in South Paris. Hugh ran into Pearl Jordan on his way into Walmart, also.

The new snow also has put an end of my logging with the Kubota. I was limited to logging off my estab-

Lake. Please contact a club officer for details. They will have their annual cookout at the "Sugar Shack" Saturday, March 1.

The Upton Planning Board will meet Friday, Feb. 28 at the town office.

Winter has finally arrived in Upton. We have had plenty of cold, but not our usual snowfall. Now we have snow.

A visitor noticed an old hornets' nest that I have hanging in my garage. He told me that someone told him that an old nest, or a fake one, was a deterrent to other hornets building one in the area. It sounds like a good theory but I am not sure I believe it.

Please call 533-2010 or e-mail backstjoe@gmail.com with your news.

Hanover

By MARIA HOLLOWAY



Word has is that Gretchen has returned to the Hanover Post Office after a temporary stint at the Rumford Post Office. Welcome back, Gretchen!

The Library Busy Bees are nearing completion of their current quilting project. With a few remaining finishing touches, the red, white and blue patriotic quilt will be ready to be presented to the intended recipient. The Bees continue to meet on Tuesdays and will begin work on their next project - a quilt to be raffled at the annual Celebration of Fall in October. All are welcome to join the Bees and offer design and theme ideas.

Due to the recent severe cold temperatures, the Gardner Roberts Memorial Library will be closed on Saturdays until March 7. It has become quite expensive to heat the library building with this winter's frigid temps, so for those wishing to sign out books, please visit the Town Office on Wednesdays where you may connect with Librarian Peg Susbury who will be available to assist you. Fresh baked hot donuts and other goodies will continue to be sold from the Town Office.

The following titles have

recently been added to the library:

Adult

Chiaverini, Jennifer: "Mrs. Lincoln's Rival;" Kidd, Sue Monk: "Invention of Wings;" Knott, Robert: "Robert B Parker's Bull River;" Patterson, James: "First Love;" Scott, James: "The Kept;" Yousafzai, Malala: "I Am Malala."

Youth

Hunter, Erin: "Seekers/Return to the Wild Bk. No. 4 Forest Wolves;" Patterson, James: "I Even' Funnier;" Roberts, Cokie: "Founding Mothers."

Cooking and Health

Fife, Bruce: "Coconut Oil Miracle;" Johnston, Cassie: "Cooking With Greek Yogurt;" Ramke, Annette: "Kicking Cancer in the Kitchen;" Zincezink, David: "Eat It to Beat It."

Got news, questions or comments? Please drop me an e-mail at HanoverME-News@gmail.com.

South Woodstock

By LOLALEE DILLINGHAM



Condolences to the families of Jack Davis and Eleanor Koskelia. Thoughts and prayers to each family member.

We were all saddened to hear about the structure fire in Sumner last week, our condolences to the

Keach family on the loss of their loved ones, Robert and Della Keach. Our thoughts and prayers to family.

Clean up time after the storm yesterday (Feb. 13). Not sure just how much we got here, as I cannot get out to measure it and yes it's still snowing like crazy.

We concluded our booking Lewiston due to the weather and road conditions and rescheduled it for next week.

Celebrating February birthdays are Sandra Martin Morgan, Suzanne Blaquier, Ginny Leneau, Keith Hadley, Melody Hadley, JoAnne Appleby, Zachery Wilday, James Mason III, April Paine, Traci Poland, Mary Murphy, Tegan Atallah, Stacia Cordwell, Brenda Pratt and Julie Leblanc.

I have been watching the Olympic Games in Sochi - love to watch the figure skaters, and am glad it has been televised. Spent the day yesterday in the kitchen baking; I made a bread pudding and a batch of chocolate chip cookies and put together corn chowder for supper.

Leroy, Zach and I got together for an afternoon practice session on Tuesday; we put in three to

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If you like Boxer's, you will love this vibrant girl. She loves to learn and is doing excellent in obedience training. She said she might like to try some agility and other canine sports, too. This girl can do it all.

Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs and the holding area for stray dogs for 12 towns in Oxford County. The shelter has moved to a new location at 9 Swallow Road in Paris.

Anyone interested in adopting a pet from RPC can visit the shelter Tuesdays-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.

For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

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TRAIL NAME HONORS BLANCO-Mt Abram Ski Area and owner Rob Lally and wife Maureen honored Richard Blanco this past Saturday, with a new ski trail named "One Today," the name of Blanco's poem written for President Barack Obama's second inauguration. A resident of Bethel, Blanco expressed gratitude to Mt. Abram, the Lallys, and the local community who have warmly welcomed him since his arrival to the mountains of Western Maine. Here, Blanco cuts the ribbon to open the trail as Mt. Abram owners Maureen and Rob Lally look on. Forty-plus onlookers attended the official ribbon cutting and then followed Blanco to the Main Lodge for a book signing of his new memoirs, "For All of Us, One Today" where fans of Blanco waited in line for autographed copies. A private reception, birthday celebration for Blanco, and festivities and dancing followed in the Loose Boots Lounge. *Mt Abram Photography.com*

lished twitch trail before because the old snow made for tough going for my tractor. Now it is just too much! If I decide to do any more wood harvesting, it will have to be firewood yarded with a snowmobile! This gives me a better excuse to work in my wood working shop. I think I have plenty of firewood for next winter, anyway!

The forecast is for two more storms this week. Yikes! I may even be able to catch up on my reading!

Waterford

By ROCKIE GRAHAM



The snow came last week and we are all still shoveling, snow blowing and otherwise cleaning up. Roads are getting narrower each time the snow falls and pretty soon we will all be down to one lane roads. The road crews are doing a great job, but there is not too much room to store the snow. Da-

vid and Sadie did a great job cleaning off the roofs and pathways. It was a very hard job. They did great. They came in all white and wet. I stayed in and took it easy. I did have a very nice visit with Gloria this afternoon.

Gertrude and Lefty are having a time of it. They do not really want to go out at all. Yesterday, Lefty stood in the doorway and didn't want to let me in at all. I just wanted to empty their water dish and refill it. Eventually, I threw in some popcorn and she let me in. Then I emptied the old water out, cleaned the dish and refilled it. Then they were happy. They will be as happy as the rest of us when the snow stops falling and it gets warmer. I know Gertrude would like a bath. She used to get one at least once a day if not more often.

Being February Vacation, Sadie is around all day. That means a lot of cleaning, etc. gets done. Almost like spring cleaning time. We need it. With all the sand and other mess that gets dragged in, it is time.

Bethel Senior Citizens meet

The Bethel Senior Citizens Club met Feb. 12 at the Bethel Alliance church for their meeting and luncheon with 43 members present. President Fran Head conducted the meeting and led the salute to the flag. The prayer was given by Nick Lutzo, youth pastor at the Bethel Alliance church.

Reports were given by Becky Keen and Arlene Lowell. The raffle was won by Arlene Lowell and the door prize by Norman Beaupre.

The next meeting will be March 12 at the Crosstone Restaurant in Woodstock. Meeting starts at 11 a.m. Reservations must be made before March 1 by calling Arlene Lowell at 824-2877 with your choice of chicken or fish. Price of dinner is \$10.

Winners of the silver saves were Avery Angevine, Barbara Patterson and Becky Keen. Ruby Coolidge is putting together a photo album of senior trips and outings; if you have any pictures that you would like to share please give them to her.

Members spoke about valentines they had made or received. Fran Head read a few humorous stories.

The speaker was Nick Lutzo from the Alliance Church. His topic was "Mixing It Up," bridging the gap between Seniors and Teens, some of the things they have in common; volunteering, seniors at school and teens helping seniors with yard work and other jobs around the house; grandparents and great-grandparents interacting with grandchildren and great-grandchildren.

Happy Birthday was sung to those having February birthdays: Barbara Maher, Barbara Patterson, Phyllis Cross, Rhonda Mitchell, Carolyn Campbell and Betty Gingras.

Woodstock Elementary Quarter 2 Perfect Attendance

Kindergarten - Reginald Billings, Atalie Campbell, Candise Campbell, Jonathan Marshall
Grade 1 - Grady Kellogg, Elizabeth Manjourides, Elizabeth Marin, Megan Millett
Grade 2 - Matthew Bean, John Howe
Grade 3 - Cameron Palmer, Olivia Seames, Allen White
Grade 4 - Michaela Marin, Lily Schofield, Trenton Swallow
Grade 5 - Emalee Coffin, Ella Kellogg, Davin Mason, Cain Shatzler

Prime Time Ski Club news

This week proved to be a real bonus for Prime Time Ski Club members and all the other skiers and boarders who were at Sunday River when a major nor'easter dropped nearly two feet of snow in the mountains on Thursday and Friday. Sunday River is 100 percent open and it doesn't get much better than this. So if you've been waiting for the ski season to start, it's here. Come join us.

First tracks were fun on Friday, gliding through not too deep powder on trails that had been groomed earlier in the evening while the snow was still falling. But after a few runs the soft, silky snow turned into piles of heavy snow, better known as "crud." It was evident that some of our members as well as others on the mountain didn't appreciate all the new snow that was piling up (either it was too difficult or too tiring to ski) as the number of skiers dwindled as it got closer to lunch time.

Here are some tips from local ski coaches on how to make adjustments to your technique when skiing new snow or crud. Try these tips with the next dump of snow or after lunch when the nicely groomed snow has been pushed around and maybe you'll enjoy skiing more and expend a lot less effort.

- Ski the fall line more with shorter turns; the heavy snow will help to control speed.
- Weight the skis about 60/40. You don't want to unweight one ski too much or it will get caught

• Ski the fall line more with shorter turns; the heavy snow will help to control speed.

• Weight the skis about 60/40. You don't want to unweight one ski too much or it will get caught

Sports

Mountain Valley Rec. Basketball

Feb. 16 - Ranor Mechanical needed to show their winning pedigree for the first time this year as they held off a strong challenge from Archie's, winning 82-77. Archie's (4-4) made a few costly errors down the stretch that cost them the upset. Ranor (8-0) was shorthanded without several major contributors, but still had the horses to get the job done. Aaron St. Pierre played solid defense and led his team with 27 points (3 threes), JT Taylor had 22 points, Scot New 20 (4 threes) and Kevin Gallant 13. Archie's received stalwart games from Cody St. Germain with 25 points and Mike Holmquist with 21.

The next contest was close for a half, but LBI was too strong and athletic for Jay to handle. LBI (7-1) ran by Jay (2-6) to a 108-73 blowout in the end. The winners got 33 points from Jon Benjamin, 27 points (3 threes) from Owen Jones, 24 points from Chris Baxter and 17 points from Captain Brian Canwell. Jay was paced by Wes Murphy with a stellar 8 threes and 33 points, while Levi Armandi and Jake Bessey each added 13 more.

The finale of the day was as competitive a matchup as the first, with Bethel (4-4), who has really come alive as of late, squeaking by Tommy Guns (2-5) 71-70 in a very physical game. Bethel's young Dom Haines was clutch with 28 points, followed by Wade Osgood's 20 and Terry Collins' 13. Tommy Guns' Tim Turner was high man for his squad with 23 points, Dave St. Germain had 19 and Steve Woods added 10.

Neptune Contracting (0-7) got a much needed week off, but games resume with make ups from postponed games during the middle of this week, next week and the week after, in addition to the league's normal Sunday games. Visit MVRBL on Facebook or www.mvrl.webs.com.

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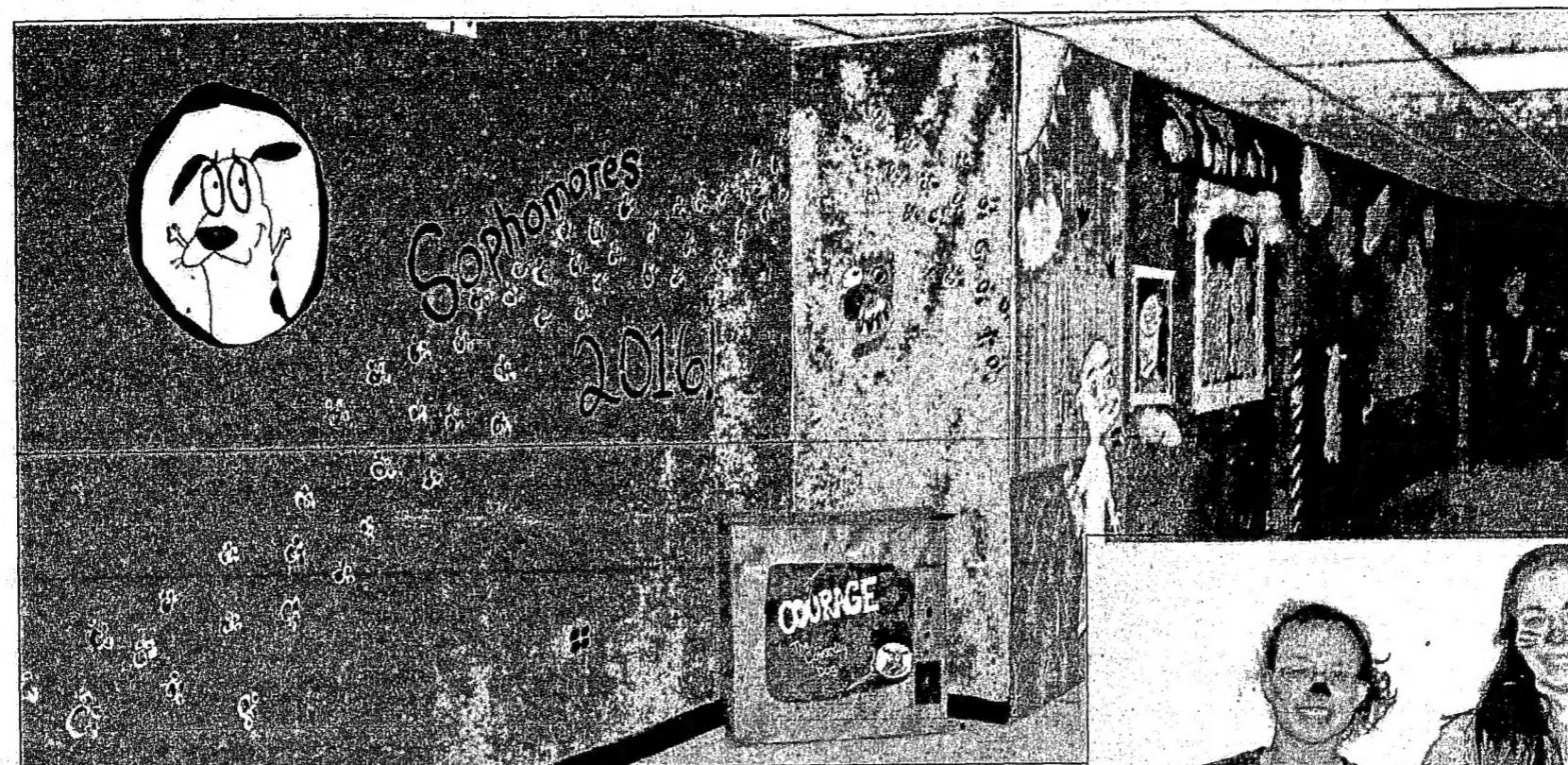
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Thursday, February 20, 2014

The Bethel Citizen

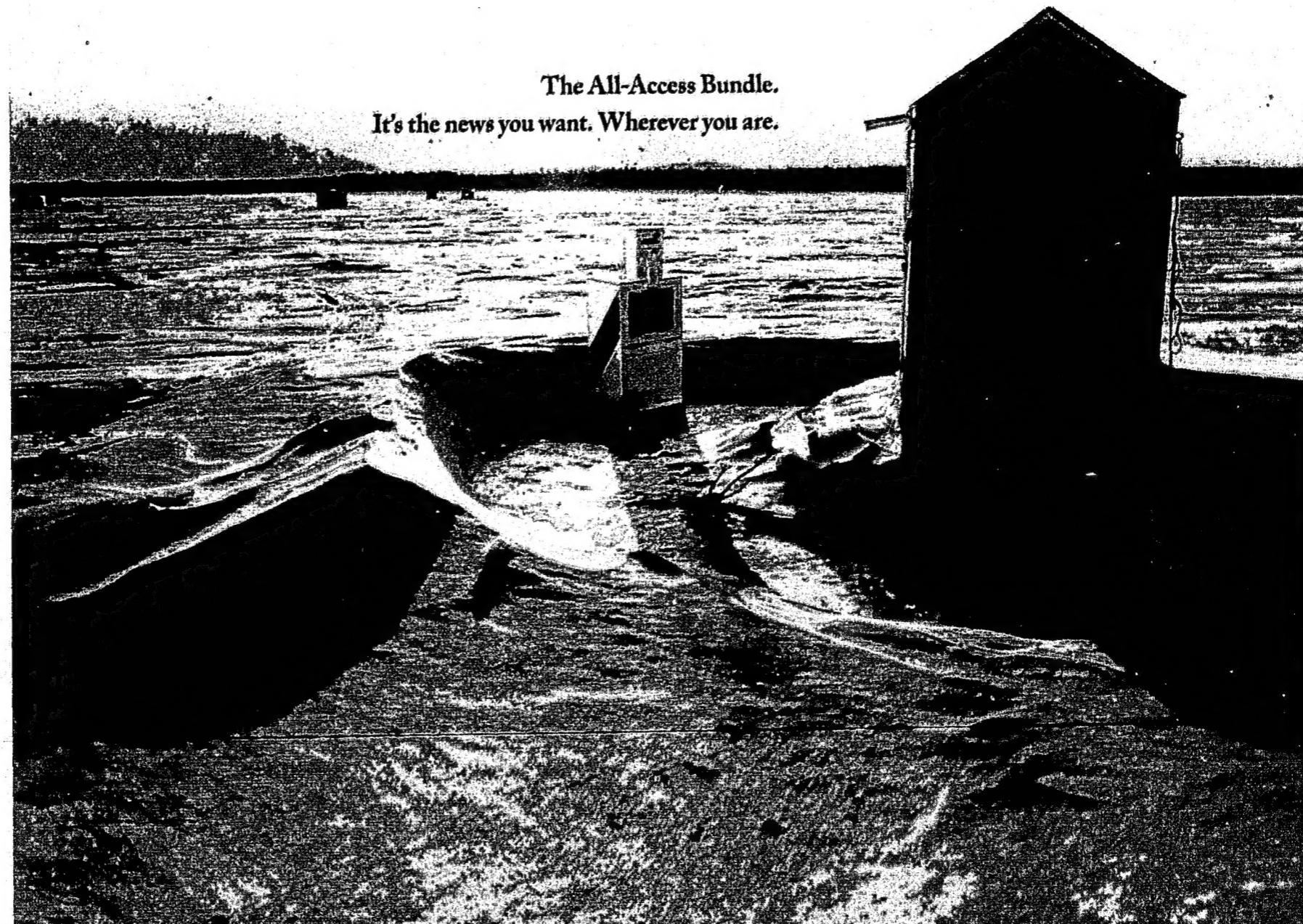
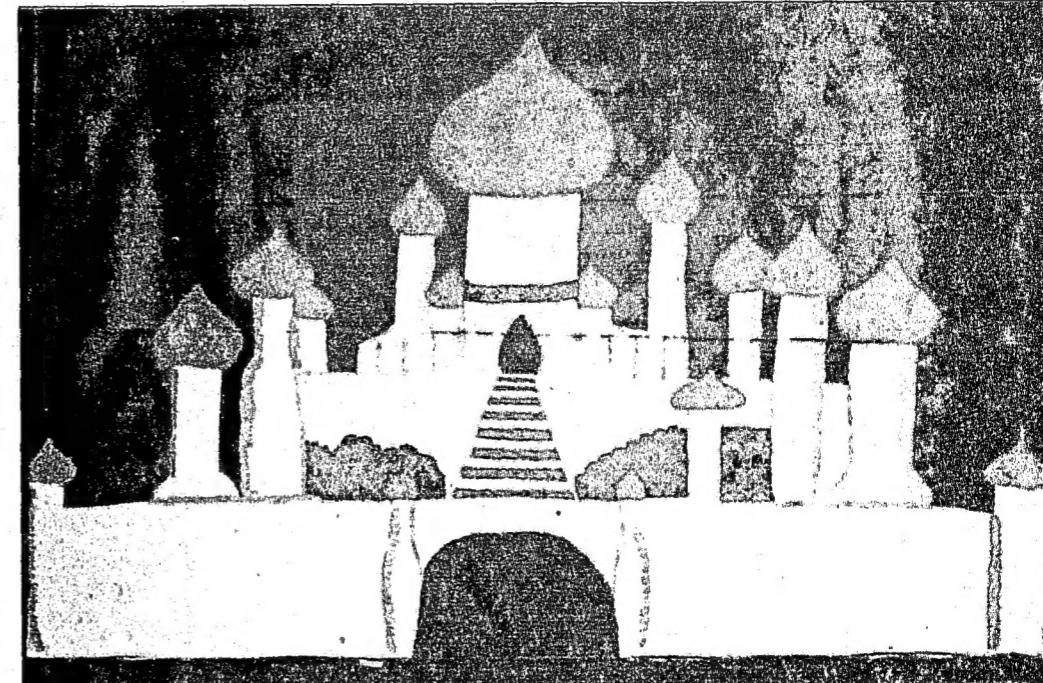
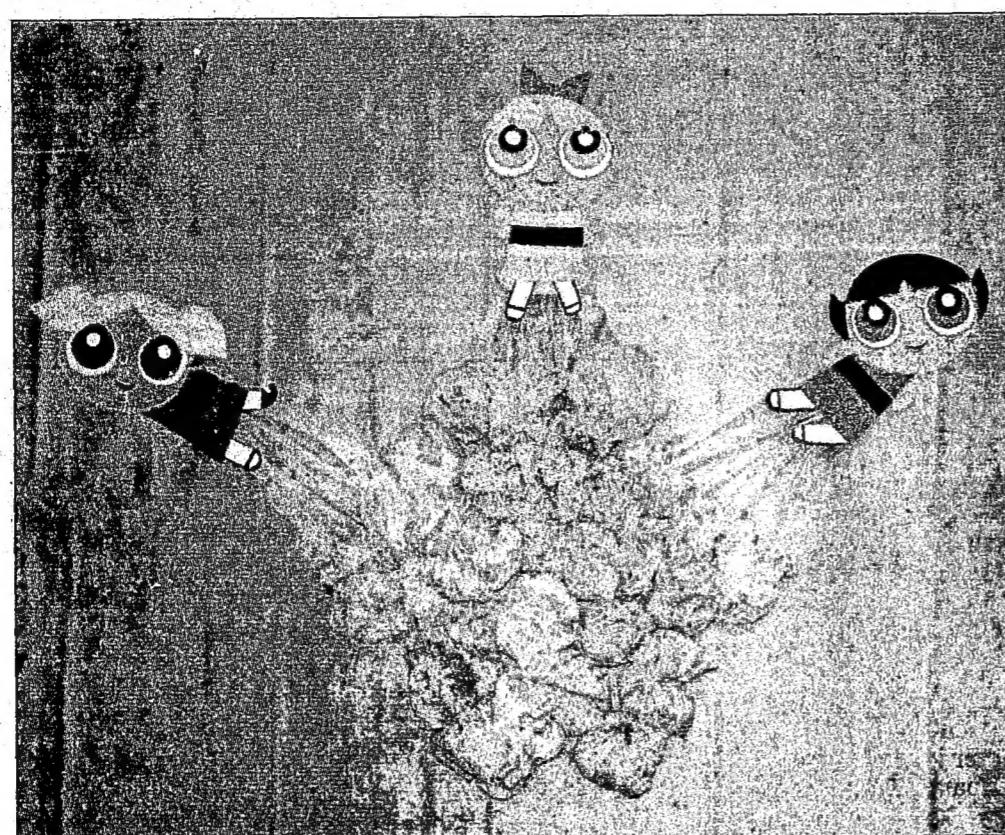
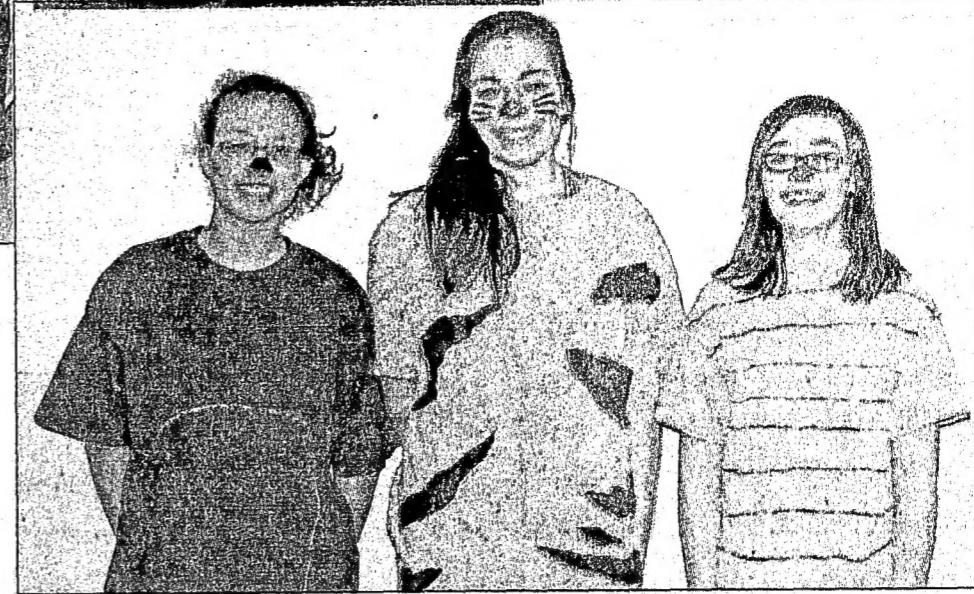
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THS WINTER CARNIVAL—Telstar High School held its annual Winter Carnival Week last week, featuring day-by-day themes for dressup (pajamas, black wear, cartoon character day and Spirit Day). The four class years also competed in decorating the school hallways in cartoon show themes, including PBS, Cartoon Network, Disney Channel and Nickelodeon. Pictured here are sophomore graphics for the Cartoon Network. For dressup on cartoon character day, juniors Lakota Monzo, Vanessa Godwin and Courtney Currier chose Eeyore, Tigger and Piglet from Winnie the Pooh. Friday's Talent Show and other activities had to be postponed/canceled due to a snow day.

A. Aloisio

THS Winter Carnival



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Enrichment opportunities for the children in SAD #44

From the Director

It is really looking like winter out there...the kids and staff were really excited to have an extended school vacation. All of us at MKA hope that you are having a great week and taking the time to get outdoors and play in the snow!

As you can see from our pictures, WES students have had a great time with the Hometown Ski program with over 40 students participating in afterschool skiing. All of our sites have been out with snowshoes making tracks around the school.

At CPS we are actually looking toward spring with our garden club well underway and our Summer Adventure Staff planning well into the future...

With "Community" as our theme, 24 afterschool staff from Western Maine gathered for the first of several workshops on Restorative Practices afterschool. It was a wonderful time to network and share ideas. I would also like to thank Amy Scott from BANC for facilitating a goal setting workshop for the MKA Board of Directors. Could a new MKA logo be in our future?

Have a wonderful vacation.

*Julie Hart,
MKA Director*



The Healthy Hometown Skiers enjoy an afternoon on the trails at the Sunday River Inn's Outdoor Center.



Madison Buck and
Lily Schofield.



The Garden Club got everyone involved in threshing, germinating, and planting beans! Thank you to the Sysko farm for providing seeds!



Oliver Fredette proudly posing with his Play-doh creation while Mom gets his stuff ready.



The Theater Club is under way with voice exercises.



Odessa Files and Evie Montagna playing "mirror" during Theater Club.



Julia Head, Felicity Indermuhle, Lidia Melanson, Gigi DeVivo, Jocelyn Nivis, Autumn Brooks, and a jumping Maebrie Hoff performing a play!



Briar Huard, Grady Kellogg, Camden Watrous, and Dawn Buck.



Kindergartner Camden Watrous gets ready to ski.



Kaitlynn, volunteer Kristi, Meagan, Savannah, Charles playing a game.



Shawna & Selina making colored sand with salt and chalk.



Felicity Indermuhle and Julia Head clowning around.

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Thursday, February 20, 2014

The Bethel Citizen

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COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours - No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; Open the second Monday of each month, 12 to 8 p.m. Located in the basement of the Nazarene Church at the corner of Park and Church Streets in Bethel. Serving the towns of Bethel, Greenwood, Upton, Albany, Gillett, West Bethel, Mason and Milton Townships and Hanover. No appointment necessary. Questions: 824-0369.

Feb. 21 and 22

"Guys and Dolls" by the Hebron Academy Players; 7:30 p.m. (doors open at 7), Lepage Center for the Arts, Hebron Academy. Free and open to the public.

Friday, Feb. 21

Hope Association Winter Fashion Show; 12 p.m., 85 Lincoln Avenue, Rumford. Entertainment by the Glee Club followed by a fashion show full of examples of clothing available at the What Not Shop.

Seed Swap/Seed Saving Workshop; 6 to 8 p.m., Fare Share Commons, Main Street, Norway.

Lantern Lit Evening Ski Tour; 6:30 p.m., the Outdoor Center at Sunday River, 23 Skiway Road, Newry. Ski through the woodlands by lantern light, stopping to roast marshmallows and warm up by the campfire and enjoy the annual recital of "The Cremation of Sam McGee." All levels are welcome. FMI: 824-0348 or www.theoutdoorcenter.net.

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Old-fashioned dance music. \$5/adults.

Bob Marley Comedy Show; 8 p.m., Shipyard White Cap Lodge Brew Haus. Tickets: \$24.50.

Saturday, Feb. 22

Sandy Fitch and David Gilpatrick Memorial Races; 10 a.m., Mt. Abram. Proceeds benefit the Mt. Abram Ski Club and Maine Cancer Foundation.

Steve and Cindy Simmons Benefit; Andover Town Hall. Auction: 1 p.m. Spaghetti Dinner provided by the Good Food Store: 5 to 6 p.m. Live entertainment with the Teacher's Lounge Mafia Improv and Pete Coolidge and Friends: 7 p.m. FMI: Stephanie (364-8388) or Dick and Carolyn (392-3481).

Bethel Republican Caucus; 2 p.m., Crescent Park School cafeteria. All Bethel Republicans are invited to attend to elect town committee officers and delegates to the State Convention in Bangor and Oxford County Republican Committee. The Bethel Town Clerk will be present to register voters or allow voters to make changes in their registration. FMI: Becky Kendall (824-3196).

Mt. Abram Ski Club Auction; 5 p.m., Mt. Abram. Proceeds benefit the Mt. Abram Ski Club.

Sunday, Feb. 23

State Line Snowmobile Club Lake Umbagog Fishing Derby; Sign up 7:30 to 10:30 a.m. at Gary and Roxanne's ice shack, straight off the boat launch on the point at Sargent Cove. \$20 fee covers entry, raffle, and cookout pass. Fish registration: 9 a.m. to 3 p.m. Prizes will be awarded for the largest fish in each category. Ice Auger Contest: 3 p.m. \$10 entry. Winner takes home a prize and payout. Please pre-register.

Woodstock Republican Committee Caucus; 2 p.m., Woodstock Town Office. Delegates and alternates to the Republican State Convention as well as committee officers will be elected. This is an opportunity for registered Republicans in the town of Woodstock to meet, discuss issues and set plans for coming elections. FMI: 665-2049.

Chili and Chowder Public Supper; 4 p.m., Dixfield American Legion. \$5 per person, half price for kids under 10.

Monday, Feb. 24

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

ALBANY

Congregational Church - Hunts Corner, 9:30 a.m. Sunday worship and Sunday School at 9 a.m.; Pastor Eddie Gammon. Bible Study 6:30 p.m. Thursdays at the home of Fernand Corriveau.

ANDOVER

First Congregational Church - Rev. Jane Rich. Sunday morning worship 10 to 11 a.m. followed by brunch. All welcome. FMI: 392-3761.

Calvary Bible Church - Pastor Ken Wagstaff; Morning worship 10:45 to noon. Wednesday prayer meeting, 6:30 p.m. Route 5, South Andover. 392-1121.

BETHEL

Bethel Alliance Church - 251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutze, Youth Pastor. Sundays: 9 a.m. Sunday School for adults, teens and children; 10 a.m. Worship Service (Nursery care and Children's Church are available); 4:30-6 p.m. Kidz Klub (4 yrs-5th grade); 4:30-6:30 p.m. High School "Hang-Out" (location varies). Thursdays: 5-7 p.m. Middle and High School Youth Group. FMI: 207-824-2289.

Bridge Group; 6:30 p.m., Waterford Library. FMI: 583-2050.

Feb. 25, March 4, 11 and 18

Wilderness First Aid-SOLO Course; Telstar High School. Cost: \$160, materials included. Instructor: Calvin Vaillencourt. FMI/Registration: 824-2780 or www.sad44.maineadulted.org.

Tuesday, Feb. 25

Lyme Support Group; 6 p.m., Fare Share Commons, Norway. This is a free group that meets monthly to discuss Lyme related issues for folks with Lyme disease.

Bonifontes Czech Boys Choir; 7 p.m., Helen C. Berry Auditorium, Telstar. Tickets: \$15/adults, students/free. FMI/tickets: www.mahoosucarts.org or 890-6386.

Wednesday, Feb. 26

LinkedIn Workshop; 9 to 11 a.m., the Bethel Inn, 21 Broad Street, Bethel. Instructor Linda Varrall will provide information on creating/optimizing a LinkedIn profile, connecting with colleagues, building your brand and more. \$25 for members of chambers of commerce and business associations serving Oxford County, \$30 for nonprofits and businesses that are not chamber members. FMI/Registration: www.wmmedc.org or Mia Purcell (739-6543 or mpurcell@community-concepts.org).

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walkers Mills Road (across from Telstar parking lot). This supper will be followed by a talk with some International Workers at 6:30 p.m. Please join us! FMI: 824-2289.

"The Changing Nature of Home Energy" with Rick Karg; 7 p.m., Gould Academy's McLaughlin Auditorium, Church Street, Bethel. Mr. Karg will focus his presentation on weatherization and energy issues of existing structures and will gladly entertain questions on new construction. Presented by Mahoosuc Land Trust as part of the 2014 Changing Nature series.

Thursday, Feb. 27

WES Winter Concert; 6:30 p.m., Woodstock Elementary School multi-purpose room.

Friday, Feb. 28

TMS Activity Night; 6 to 8:30 p.m., Telstar auditorium, cafeteria and gym.

Saturday, March 1

Met Opera Live in HD Presents: Prince Igor; 12 p.m., Leura Hill Eastman Performing Arts Center, 18 Bradley Street, Fryeburg. \$26/adults, \$23/seiors, \$18/students. FMI/Tickets: fryeburgacademy.org/tickets or (207)935-9232.

Monday, March 3

Knitting Group; 2 to 4 p.m., Waterford Library.

Socrates Café Meeting; 6:30 to 8:30 p.m., Waterford Library.

Tuesday, March 4

TMS PTA Meeting; 6 to 7:30 p.m., Telstar library.

Wednesday, March 5

Ash Wednesday Service; 12 p.m., Bethel United Methodist Church, 79 Main Street, Bethel. All are welcome.

CPS PTA Meeting; 6 to 7 p.m., Crescent Park School.

Snow Valley Sno-Goers Meeting; 7 p.m. at the clubhouse off Route 5, Andover.

Thursday, March 6

"Spring into Spring with Colorful Foods" with Cathi DiCocco; 4:30 to 6 p.m., West Parish Congregational Church hall, 32 Church Street, Bethel. Cooking demonstration, tasty samples and recipes. Public invited. Free admission. A WMSC "To Your Health presentation." FMI: R. Tiffet (824-2053).

WES PTA Meeting; 6 to 7:30 p.m., Woodstock Elementary School library.

March 8 and 9

Winter Kids Downhill 24; The Downhill 24 benefits Winter Kids. Teams compete to see how can ski the most laps in 24 hours. There

is live music, Zumba and other events during the 24 hour event. Last year over \$42,000 was raised. FMI/registration: www.winterkids.org.

Saturday, March 8

Oxford Hills Honey Bee Club Meeting; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. Speaker: Commercial bee keeper Tony Bachelder. Topic: Feeding bees in the winter and ordering nucs. Public is welcome. FMI: Kevin Farr (farrout@roadrunner.net).

Swingin' Bears Square Dance Club Dance; 7 to 10 p.m., Oxford Hills Middle School cafeteria, 100 Pine Street, South Paris. Walt Bull will be the caller of Mainstream and Plus Level dances and Carol Stewart Arsenault will cue the Round Dancing. Door prizes, 50/50 and refreshments during intermission. Admission: \$6. FMI: Eleanor Herrick (782-4050) or www.squaredanceme.us.

Monday, March 10

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Wednesday, March 12

Bethel Senior Citizens Club Meeting; 11 a.m., Crosstone Restaurant, Woodstock. Reservations must be made before March 1 by calling Arlene Lowell at 824-2877. Dinner (chicken or fish): \$10.

Saturday, March 15

Wild West Festival; Live country music with Johnny Crashed (2 to 5 p.m.) and the Tina Kelly Band (5 to 8 p.m.) and a mechanical bull.

Full Moon Hike; 5 p.m., Mt. Abram. Skis and boards will be transported to the top so hikers can ski or ride back down following the hike.

Wednesday, March 19

The Basics: Memory Loss, Dementia and Alzheimer's; 2 to 4 p.m., Fryeburg Public Library, 515 Main Street, Fryeburg. Free program presented by the Maine Alzheimer's Association for anyone who would like to learn more about Alzheimer's and related dementias. Pre-registration required. FMI/registration: bkirkpatrick@alz.org, 772-0115 or 800-272-3900.

Monday, March 24

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Wednesday, March 26

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walkers Mills Road (across from Telstar parking lot). FMI: 824-2289.

Sunday, March 30

SAD 44 Ski Free Day; Sunday River Ski Resort. Free lift ticket, free rental, free adult learn to ski/ride clinic. 50 percent food and beverage discount.

Tuesday, April 1

TMS PTA Meeting; 6 to 7:30 p.m., Telstar library.

Friday, April 4

TMS Fancy Dance; 7 to 10 p.m., Telstar cafeteria.

Saturday, April 5

Snow Valley Sno-Goers Annual Meeting/Potluck; 6 p.m. potluck supper followed by a 7 p.m. meeting at the clubhouse off Route 5 in Andover. All are welcome. Please bring a dish to share.

Wednesday, April 16

WES Curriculum Fair/Art Show; 6 to 7:30 p.m., Woodstock Elementary School.

Saturday, May 10

2nd Annual Motorcycle Swap Meet; 10 a.m. to 6 p.m., Dixfield American Legion, 8X10 Lot \$25, Inside tables \$15. FMI: E. Ellis (357-6437) or C. Green (645-9640).

Pleasant Valley Bible Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). Monthly Youth Group meetings and Grades 3 through high school. FMI: 824-2228.

Seventh Day Adventist Fellowship; Meets at the Nazarene Church on Saturdays, on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

EAST STONEHAM

Oxford County United Parish Churches in Stoneham and North Waterford - Services at 10 a.m. at the North Waterford Congregational Church (UCC), located on the Five Kears Road, off Routes 35 & 37, opposite Melby's Market. (North Waterford and East Stoneham Congregational Churches will hold their joint services in the church on Route 5 in East Stoneham during May.) Services held at North Waterford through the winter months. Choir practice 9 a.m., followed by Bible Study at 9:15 a.m.

Church Services

ALBANY

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages). Pastor Peter Carter. The third Sunday of every month at 9 a.m. breakfast open to the public, no charge. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study. FMI: transportation or prayer please contact Gerry Shimamura 824-7289 or Juanita Korhonen 665-2528.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walkers Mills Road (Route 26). Fr. Gregoire Dubre may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Richard Bennett, Sundays: 10 a.m. worship and Sunday School Sept.-May. Tuesdays: 8 a.m., informal Prayer Group with coffee in the Chapel. All are welcome.

Puzzles4Kids

CODED RIDDLE

by Helene
Hovanec

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X I Z E P Q F O H V J O T D B S S Z G J T I J O

U I F J S C F B L T ? C F D B V T F U I F Z E P O ' U

I B W F B O Z Q P D L F U T .

For more puzzle fun, go to www.brainzzles.com



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Switch
GNACHE
Extract
RANGER
Lively
KIRSYF
Relate
BONGLE

TODAY'S WORD

Super Crossword

DAD'S ACTING GENE

ACROSS	60	Active sort	99	Othello's lieutenant	8	Marcus	45	Passed	85	Oaf's cry	
1 Measure that led to a 1773 Boston Harbor "party"	61	Conniving	62	Egoist's love publication	103	"... corn, — don't care"	66	Retaller)	89	on a bicycle, say	
7 Battery ends	65	Muppet frog	67	"Hot Shots!"	107	"Badlands"; "Platoon"	9	"keep it simple" rule)	90	before E	
13 Five o'clock	113	Smart— "The	113	"Prizzi's Honor"	10	Mexican flower	46	Big name in soup mixes	91	Saw or ax	
19 Medicine vial	76	Fabulous Baker Boys"	114	Sort	118	180 degrees from NWW	48	"— So Shy"	93	Actor Wyle	
20 Quick reviews	74	Corporate shake-ups,	115	Stop on a bus rte.	13	Emotion-hiding sorts	49	Motorcyclist	1980s		
21 Finished	75	briefly	116	Tax return pro	14	Come to a stop	50	Carter of sitcom	97	Knivel jeans	
22 "Spartacus"; "Wall Street"	75	Runtish	117	"Chinatown"; "Hot Shots!"	11	MPG org.	51	Naomi and Wynonna	98	Grow wider	
25 Music producer	76	False god	118	"Prizzi's Honor"	11	180 degrees from NWW	52	Tell — (ile)	100	Common soccer score	
26 King, in Lyon	78	Cpl. outranker	119	Very disorderly	12	Stop on a bus rte.	53	Journalist's tablet	101	Solo "Roots"	
27 — de mer	81	French for "mine"	120	120	120	120 degrees from NWW	54	Moore of film	101	Mae (loan company)	
28 Duplicit	82	Where dawn arises	121	Fighting —	121	Emotion-hiding sorts	55	Parched	102	1000	
29 "The Defiant Ones"; "Halloween"	83	Gave nutrients to	122	(Big Ten team)	122	120 degrees from NWW	63	All — naught	104	Miffing	
37 "... I've been told"	86	Prefix meaning "equal"	123	Drill directive	123	Emotion-hiding sorts	64	— naught	104	It lures bees	
38 At a reduced price	87	College in Cedar Rapids, Iowa	124	Glittery tree decoration	124	120 degrees from NWW	65	Tell — (ile)	105	Untrhone	
39 Skimpy swimwear brand	88	French for "mine"	125	Latino corner store	125	120 degrees from NWW	66	Friday's	108	Hush-hush	
40 UV part	88	"Love Story"; "Little Darlings"	126	Easier to see	126	120 degrees from NWW	67	2012, e.g.	108	Electrically adaptable	
44 See 17- Down	90	Advertiser	127	127	127	120 degrees from NWW	68	"I'll — best!"	109	Hush-hush	
47 Fawn, e.g.	92	Ladder unit	128	128	128	120 degrees from NWW	70	On — to nowhere	109	govt. org.	
48 "On Golden Pond"; "Klute"	94	Actress Mazar	129	129	129	120 degrees from NWW	71	Vienna loc.	110	"This — pickup!"	
56 Tarnish	95	Weed-B-Gon maker	130	130	130	120 degrees from NWW	72	Sedgwick of Warhol films	111	"Frome"	
57 Adam named her	96	Repetitive response to "Who wants ice cream?"	131	131	131	120 degrees from NWW	73	Steinbeck's Tom	112	Fly quickly	
58 Noted period Sci-fi vehicles	127	College in Cedar Rapids, Iowa	132	132	132	120 degrees from NWW	74	Model Macpherson and others	117	RR crossing	
			133	133	133	120 degrees from NWW	75	Foliage bit	118	"— get it now!"	
			134	134	134	120 degrees from NWW	76	Bursts (with)	119	Texter's titler	
			135	135	135	120 degrees from NWW	77	120	Curtain fabric	120	Solo of "Star Wars"
			136	136	136	120 degrees from NWW	78	120	Point on a pen	121	I'm Real!
			137	137	137	120 degrees from NWW	79	120	120	120	120
			138	138	138	120 degrees from NWW	80	120	120	120	120
			139	139	139	120 degrees from NWW	81	120	120	120	120
			140	140	140	120 degrees from NWW	82	120	120	120	120
			141	141	141	120 degrees from NWW	83	120	120	120	120
			142	142	142	120 degrees from NWW	84	120	120	120	120
			143	143	143	120 degrees from NWW	85	120	120	120	120
			144	144	144	120 degrees from NWW	86	120	120	120	120
			145	145	145	120 degrees from NWW	87	120	120	120	120
			146	146	146	120 degrees from NWW	88	120	120	120	120
			147	147	147	120 degrees from NWW	89	120	120	120	120
			148	148	148	120 degrees from NWW	90	120	120	120	120
			149	149	149	120 degrees from NWW	91	120	120	120	120
			150	150	150	120 degrees from NWW	92	120	120	120	120
			151	151	151	120 degrees from NWW	93	120	120	120	120
			152	152	152	120 degrees from NWW	94	120	120	120	120
			153	153	153	120 degrees from NWW	95	120	120	120	120
			154	154	154	120 degrees from NWW	96	120	120	120	120
			155	155	155	120 degrees from NWW	97	120	120	120	120
			156	156	156	120 degrees from NWW	98	120	120	120	120
			157	157	157	120 degrees from NWW	99	120	120	120	120
			158	158	158	120 degrees from NWW	100	120	120	120	120
			159	159	159	120 degrees from NWW	101	120	120	120	120
			160	160	160	120 degrees from NWW	102	120	120	120	120
			161	161	161	120 degrees from NWW	103	120	120	120	120
			162	162	162	120 degrees from NWW	104	120	120	120	120
			163	163	163	120 degrees from NWW	105	120	120	120	120
			164	164	164	120 degrees from NWW	106	120	120	120	120
			165	165	165	120 degrees from NWW	107	120	120	120	120
			166	166	166	120 degrees from NWW	108	120	120	120	120
			167	167	167	120 degrees from NWW	109	120	120	120	120
			168	168	168	120 degrees from NWW	110	120	120	120	120
			169	169	169	120 degrees from NWW	111	120	120	120	120
			170	170	170	120 degrees from NWW	112	120	120	120	120
			171	171	171	120 degrees from NWW	113	120	120	120	120
			172	172	172	120 degrees from NWW	114	120	120	120	120
			173	173	173	120 degrees from NWW	115	120	120	120	120
			174	174	174	120 degrees from NWW	116	120	120	120	120
			175	175	175	120 degrees from NWW	117	120	120	120	120
			176	176	176	120 degrees from NWW	118	120	120	120	120
			177	177	177	120 degrees from NWW	119	120	120	120	120
			178	178	178	120 degrees from NWW	120	120	120	120	120

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Real Estate Transfers

Andover

Carolynne G. Johnson to John H. MacVane of Mechanic Falls, property at Map 11 Lot 23-1. \$22,000, Oct. 11, 2013.

Jeffrey D. Cole to Diane M. Thompson of Pownal, property at 841 Upton Road. \$65,000, Oct. 25, 2013.

Manpower Services, Inc. to Durp, LLC. of Falmouth, property at 18 Church Street. \$225,000, Oct. 25, 2013.

Bethel

Clayton L. Bartlett to Mitchell and Kathy Cummings of Bethel, building and land and 1683 Intervale Road. \$55,000, Oct. 4, 2013.

Lisa P. Freda to Justin S. Brander of Somerville, Mass., property at 129 Sun-

day River Road. \$190,000, Oct. 4, 2013.

RV Holdings Three, LLC, to Property Management, LLC. of Westbrook, property at 905 Walkers Mills Road. \$18,000, Oct. 7, 2013.

Ronald W. and Cynthia A. Savage to Jeffrey Stearns of Waltham, Mass., Lot 3 at Birch Woods Subdivision. \$40,000, Oct. 10, 2013.

David E. Shapiro and Kathleen M. Hart to David G. Olmsted and Nathan J. Karst of Somerville, Mass., land and building at 56 English Woods. \$229,250, Oct. 11, 2013.

Priscilla Ann Rinebold to John E. Burns of Essex, Mass., land and building at 15 Chapman Street. \$215,000, Oct. 11, 2013.

SMS Property Holdings,

LLC. to Bear Haven Crossing, LLC. of Newry, property at 162 Mayville Road. \$170,000, Oct. 17, 2013.

SMS Property Holdings, LLC. to Arthur and Susan Murphy of Milton, Mass., commercial property at 162 Mayville Road. \$350,000, Oct. 17, 2013.

Richard E. Angevine to Barbara Willard of Ruidoso, N.M., property at Map 17 Lot 7, North Road. \$70,000, Oct. 18, 2013.

Farwell Mountain Estates, Inc., to Jeffrey Hanson of Fall River, Mass., land at Second Street Lot 13. \$20,700, Oct. 18, 2013.

Les Bois Carthage, Inc., to Gray Birch Land Invest, LLC., of Chicago, Ill., property at Map 16 Lot 27, Chapman Hill Road. \$400,000,

Oct. 23, 2013.

Federal National Mortgage Association to Diane E. and Christopher O. Merrill of Albany, property at 16 Osgood Road. \$54,900, Oct. 24, 2013.

David S. and Judith M. Perry to Thomas Hunt of Amherst, N.Y., property at 857 Grover Hill Road. \$185,000, Oct. 24, 2013.

Secretary of Housing and Urban Development to Jarrett Connors of Rockland, Mass., property at 128 West Bethel Road. \$217,000, Oct. 25, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

tates, Inc., to John S. and Marcelle M. Nunes of Riveserton, R.I., land at Second Street Lot 8. \$28,000, Oct. 28, 2013.

John Marotta Construction Corp. to William R. and Carole Joy Mahoney of Kennebunkport, land at Lot 6 Paradise Pinés. \$214,000, Oct. 30, 2013.

Locke Summit Estates, LLC. to David and Lynn M. Frost of Dixfield, land at Lot 27 Locke Summit Estates. \$70,000, Nov. 8, 2013.

The Bethel Opera House, Inc., to Ion Properties, LLC. of Rumford, condominium at Bethel Opera House. \$60,000, Nov. 8, 2013.

John M. Evans to Kevin Pond of Oxford, property at Map 11 Lot 005. \$2,000, Nov. 8, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

Thomas Saunders to Daniel J. Kiley of Rumford, land and building at 119 Vernon Street. \$38,000, Nov. 14, 2013.

Domenic and Serena Pugliari to Rosemary Stone Bunn of Bethel, land at Map 25 Lot 208, Vernon Street. \$55,000, Nov. 15, 2013.

Violet W. Palmer to Bethany M. Danforth of Bethel, property at 224 East Bethel Road. \$74,000, Nov. 15, 2013.

Lincoln Isaac Miller to James Russell Davis, Jr. of New Smyrna Fla., property at 26 Lovers Lane. \$73,500, Nov. 22, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

Farwell Mountain Estates, Inc., to David W. Chapman of Kittery Point, land at Map 22 Lot 029 Sub-lot 17, Second Street. \$22,500, Oct. 25, 2013.

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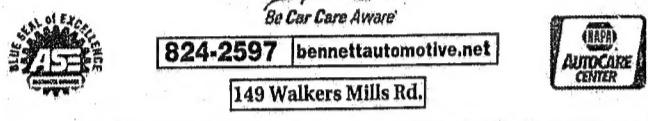
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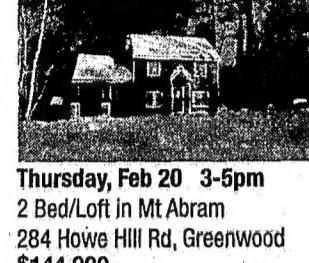
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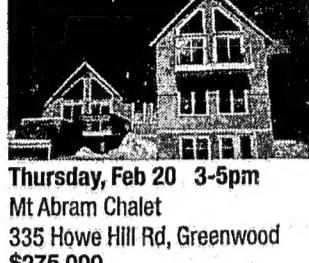
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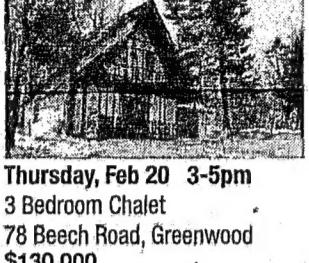
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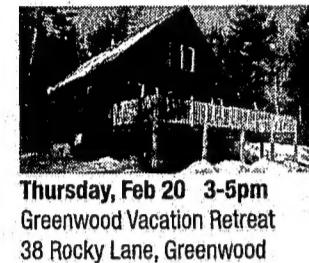
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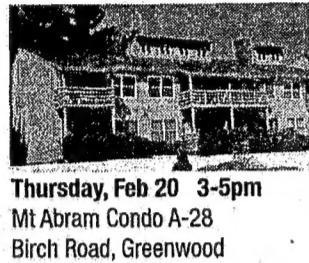
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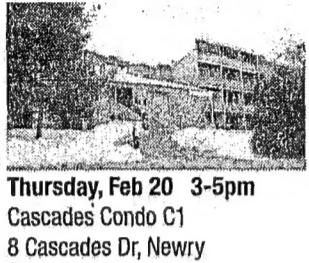
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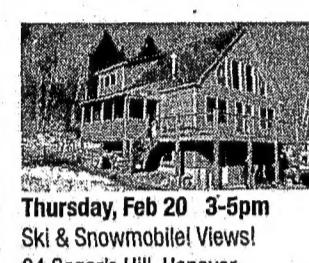
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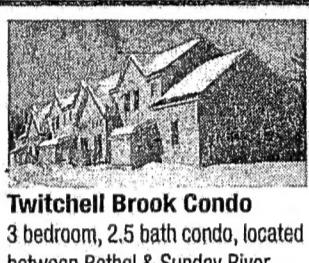
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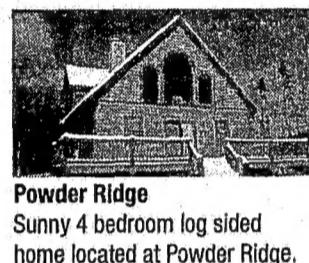
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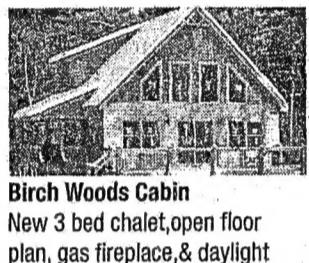
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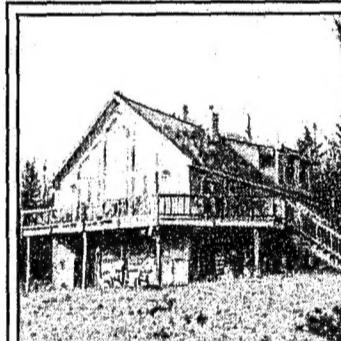
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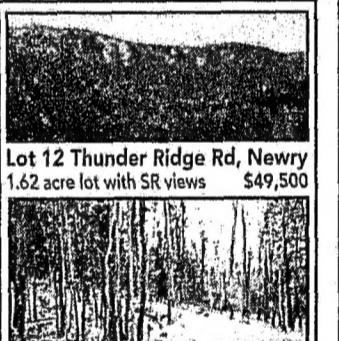
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GOT Farms lends a hand at Preble Street



GOT Farms volunteers worked together to assemble hundreds of sandwiches for the lunch service at The Preble Street Soup Kitchen. From left to right: Cassidy Webster, Dee True, Koley True, Hattie Doyle.

Submitted photo



Students prepare to serve lunch at Preble Street. From left to right - Maisey Griffin, Courtney Skillin, Victoria Skillin, Tim Bigonski.

Submitted photo

On Feb. 4 GOT Farms students from Telstar Middle and High School went on a field trip to the Preble Street Soup Kitchen in Portland. They volunteered their time to help

prepare food for the lunchtime meal service. Students helped serve salad, sandwiches, soup, and desserts. They also talked to Preble Street's volunteer coordinator, Elise Boyson,

and the head of the soup

kitchen, Sue Ellen Whitmore.

From these conversations, students learned

a great deal about the is-

sues of hunger and home-

lessness in Maine's largest

city.

Unfortunately, there are more than 500 people who are currently experiencing homelessness in Portland. People can experience homelessness for a variety of reasons: they could be laid off from their job, they could experience a tragedy, or they might also come from another country and not have any family to rely on in hard times. Students learned to use more sensitive language, such as, "people who experience food insecurity," rather than, "the hungry" or "the needy." Students also learned that Preble Street receives donations of food from local stores and restaurants. For example, the sandwiches that students made for the lunch used bread donated by Trader Joe's that was one day past its sell-by date, but still perfectly good to eat. Preble Street also helps people care for their pets when they are struggling with feeding and housing them.

Students left with some great ideas and inspiration for ways that they can help people who experience food insecurity in the Bethel community. Here are a few GOT Farms student reflections from the experience:

"I was sad to see how many people aren't able to get food." - Victoria Skillin, age 12

"I enjoyed volunteering at Preble Street because it was an amazing feeling knowing that you were helping so many people." - Cassidy Webster, age 12

"It's amazing to know that we can make a difference." - Tim Bigonski - age 13

"I want to go back to Bethel and incorporate more dinners at Bethel Alliance Church with our youth group." - Koley True, age 12

To learn more about the Preble Street Resource Center, visit their website: www.preblestreet.org.

Obituaries



ELEANOR KOSKELA

Eleanor Stanley Koskela, 90, of Woodstock passed away on Monday, Feb. 10, at her home with her family by her side. She was born in Littleton, N.H., on Oct. 18, 1923, the daughter of William and Pearl (Lakeway) Stanley. In 1937 Eleanor moved to Maine to live with her Uncle Volney and Aunt Sadie Lakeway. She graduated from Woodstock High School and married Taisto Koskela in 1941, coming to Molyockett Mountain where she lived the rest of her life.

Eleanor was a member of the local women's group "The Willing Workers" and was a founding member of the Finnish American Heritage Society of Maine. Eleanor had a special love for children, leading her to transport kindergarten and special needs children to school for many years. She had great joy attending her grandchildren's many sporting events. An avid

reader, hunter and fisherman, her interests encompassed a wide range of subjects. Eleanor and her husband Taisto worked their family farm for many years before retiring to travel across the U.S. and to Finland, and wintering in Florida.

She was predeceased by her husband Taisto and a daughter, Elaine Kesaris. Eleanor's memory will be cherished by her daughters, Nancy (Earl) Mason and Linda Pulkkinen; grandchildren, Karen (Tim) Bennett, Alex Kesaris, Heather Mason, Tim (Stephanie) Mason, Siri Cressey, Taneli (Maranda) Koskela and Laina Pulkkinen; great-grandchildren, Stephanie (Walter) Inman, Jr., Samantha and Klayton Kesaris, Chayli Bowie, Katrina and Taisto Tetreault, Elijah and David Mason, Hunter, Carson, Grayson and Quincy Koskela; great-great-grandchildren, Carter and Bennett Inman; and many nieces, nephews and friends. Online condolences may be shared with her family at www.chandlerfunerals.com.

Funeral services were held on Saturday, Feb. 15. A spring interment will be in the Finnish Cemetery in West Paris. In lieu of flowers donations in her memory may be made to the Finnish American Heritage Society, PO Box 294, West Paris, Maine 04289.

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Engagement



Joshua Perkins and Celesse Gaudreau

Gaudreau/Perkins

Thomas and Diane Gaudreau of Bryant Pond are pleased to announce the engagement of their daughter, Celesse Gaudreau, to Joshua Perkins, son of Jeff and Debra Perkins of Walton, Ind.

Celesse is a 2012 graduate of Unity College with a Bachelor of Science degree. She is employed at the Maine Wildlife Park and Ocean Breeze Tanning Salon.

Joshua is a 2013 graduate of Unity College with a Bachelor of Science degree. He is employed at New England Utilities Constructors.

A Valentine's Day wedding is planned for Feb. 14, 2015.

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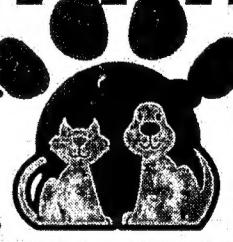
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For more information, please contact Deb Webster, Director, at dwebster@alum.mit.edu.

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